

Beth Israel Deaconess Medical Center Community Benefits Annual Public Meeting

Nancy Kasen, Vice President, Community Benefits & Community Relations (CB.CR), BILH

Anna Spier, Program Manager, CB.CR, BIDMC

Emmanuella René, Program Administrator, CB.CR, BIDMC

September 24, 2024

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Welcome and Introductions

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Content

- Welcome
- Community Benefits Program Highlights
 - Year in Review
 - Looking Forward to FY25
 - FY25 Community Health Needs Assessment
- Community-based Health Initiative Updates
- Grantee Panel and Q&A
- Next Steps and Adjourn

Community Benefits Guiding Principles

Community Benefits and Community Relations Guiding Principles



Accountability: Hold each other to efficient, effective and accurate processes to achieve our system, department and communities' collective goals.



Community Engagement: Collaborate meaningfully, intentionally and respectfully with our community partners and support community initiated, driven and/or led processes especially with and for populations experiencing the greatest inequities.



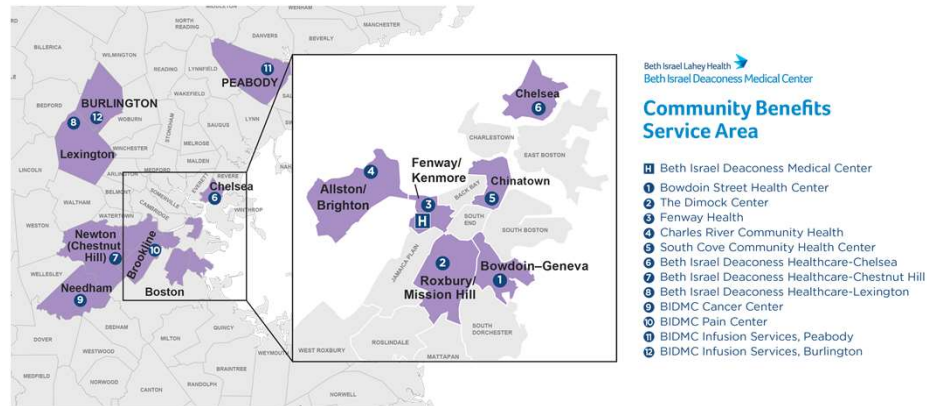
Equity: Apply an equity lens to dismantle systems of oppression and work towards the systemic, fair and just treatment of all people of any race, ethnicity, religion, gender, sexual orientation, age, immigration and/or disability status, so that all communities and people can achieve their full health and overall potential.



Impact: Employ evidence-based and evidence-informed strategies that align with system and community priorities to drive measurable change in health outcomes.

Community Benefits: Year in Review

BIDMC Community Benefits Service Area FY22 CHNA Map

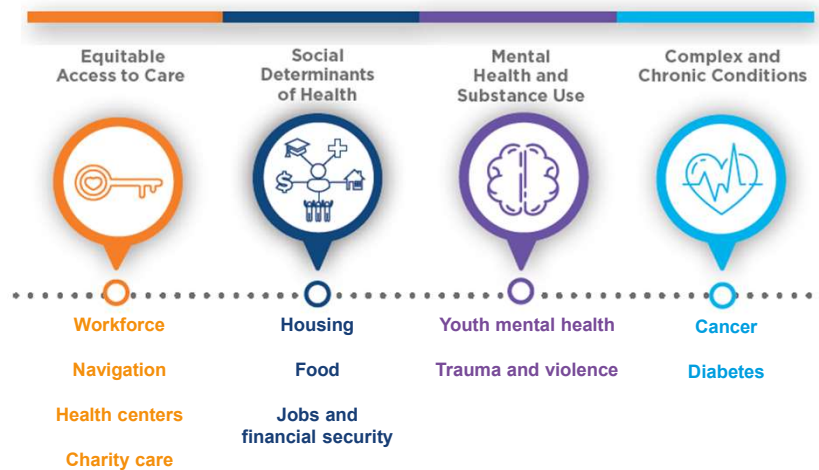


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FY23-25 Implementation Strategy BIDMC Community Health Priorities

HEALTH EQUITY



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FY23-25 Implementation Strategy Focus Cohorts



**Low-resourced
populations**



**Racially, ethnically,
and linguistically
diverse populations**



Youth



LGBTQIA+



Older adults



**Families affected by
violence and/or
incarceration**

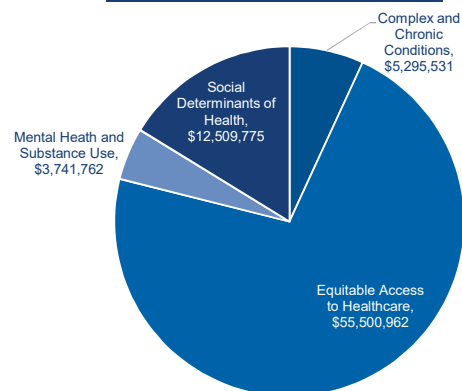
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FY23 Regulatory Report Highlights Community Benefits Expenditures

Filed publicly by the AGO on 7/3/24

72% Equitable Access to Care
7% Complex & Chronic Conditions
5% Mental Health & Substance Use
16% Social Determinants of Health



**Total FY23 CB
Expenditures:
\$77,048,030***

*Includes payments to the Health Safety Net and Charity Care

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FY23-25 Implementation Strategy FY24 Hospital Program Highlights

- In FY24 BIDMC has been:
 - Offering robust **active living and healthy eating** programs at Bowdoin Street Health Center
 - Funding 20 organizations in the areas of **housing affordability, jobs** and financial security, **behavioral health** and **healthy neighborhoods**
 - Improving primary care navigation and reducing **hypertension and diabetes** disparities through Diversity, Equity, and Inclusion initiatives, including clinical recruitment
 - Providing support to Community Care Alliance health centers; BILH's affiliated **health centers** have been provided access to EpicCare Link in order to view shared patient medical records and support collaborative care in BIDMC's new medical record system
 - Increasing access to **behavioral health** services through Integrated Behavioral Health, Collaborative Care and community grants
 - Providing updates on its Community Benefits and Community Relations program through its *Community Connections* quarterly newsletter

FY23-25 Implementation Strategy FY24 System Program Highlights

Behavioral Health Navigation Training

- Offer to BILH physical health "navigators" (e.g., Community Health Workers, Community Resource Specialists, etc.)
- Build skills to identify, understand and refer individuals experiencing behavioral health issues to appropriate services and supports, including digital literacy and app navigation

Mental Health First Aid Training

- Offer to BILH staff, community residents and community organizations (2 for each hospital service area)
- Follow-up convenings to strengthen community dialogue and connect them to local Community Behavioral Health Center

Grants for Community-based Behavioral Health Navigators

- Through competitive Request for Proposals (RFP), awarded four community-based organizations \$300,000 over 3 years in Gateway Municipalities of Haverhill, Lynn, Peabody and Quincy
- Hire, train and support a community-focused Behavioral Health Navigator

Anti-Stigma and Education

- Normalize conversations about mental health and substance use issues by working with BILH Behavioral Services to promote mental health education

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Mental Health First Aid (MHFA) Training



Several dates are available at multiple locations. Refreshments will be provided at all sessions.

Scan the QR Code or register here: <http://tiny.cc/bilh-mhfa>

7.25 Nursing Contact Hours will be awarded for BILH registered nurses (provided for attendance of entire program, not for individual sessions).

Lahey Hospital & Medical Center is approved as a provider of nursing continuing professional development by the American Nurses Association. HealthPartners, an accredited provider by the American Nurses Credentialing Center's Commission on Accreditation.

Mental Health FIRST AID
FOR NATIONAL COUNCIL FOR MENTAL WELLBEING



Want Emotional, Mental Health, or Substance Use Help?



Free. Available 24/7. No insurance needed. Always there for you.

BILH Community Capacity Building Evaluation Workshops and Engagement

Evaluation

- 2 training opportunities for community-based organizations and community members
 - Logic Models
 - Using Data for Learning
- Weekly office hours



BILH Community Engagement

- Louis D. Brown Peace Institute Mother's Day Walk for Peace (60+ BILH participants, mostly from BIDMC)
- Tu Salud Health and Wellness Fair (4,500 attendees)
- Pride for the People LGBTQIA+ Pride March (100K+ attendees)
- Embrace Juneteenth Block Party (Sponsor)
- Equity Compact Summit (1,000+ attendees)

BIDMC Community Engagement

- **29** community events or meetings attended/supported in FY24
- **6** BIDMC providers presented at community events



Food and Housing Investments Across BILH Goal

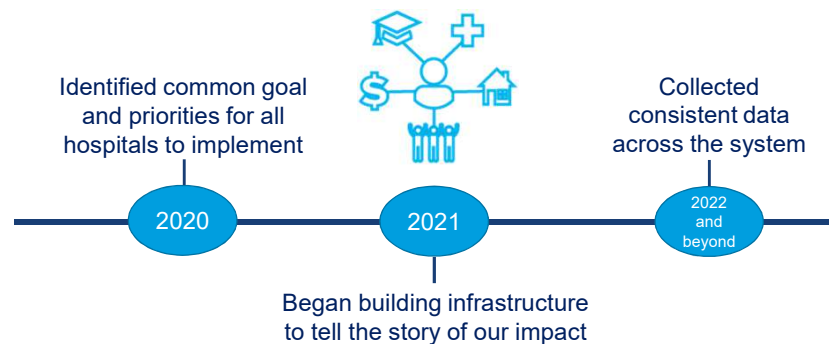
Set system-wide priorities to be implemented by all
Beth Israel Lahey Health hospitals

Food & Nutrition

Increase access to low-cost healthy foods for people in need

Housing

Increase housing stability for those at risk for eviction or homelessness



Food and Housing Investments Across BILH FY 23 Food and Nutrition



More than **\$1.7M (\$68K)** contributed to:

170,315 (23,850)
pounds of free, nutritious food
distributed to
22,224 (563)
community residents

3
Community Farmers
Markets



31,650
nutritious meals
distributed to people
who were homebound

9,899 (235)
community residents
participated in
nutrition education

3
Food Justice &
Hunger Networks to
support collaboration

Note: (Parenthetical numbers) are BIDMC contribution to the total.

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Food and Housing Investments Across BILH FY23 Housing



More than **\$2.6M (\$1.4M)** contributed to:

1,589 (20)
people permanently
housed

10 (3)
Housing Coalitions or
Tenant Associations



4,302 (1,814)
community residents
received services to stay
in their homes

404 (126)
people who were unhoused
were assisted in shelters or
on the street

Note: (Parenthetical numbers) are BIDMC contribution to the total.

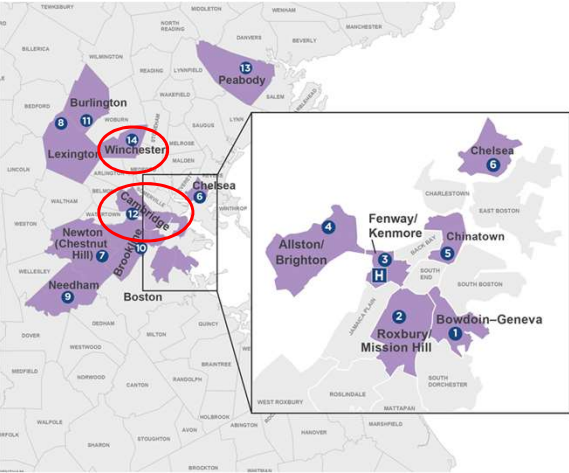
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Community Benefits: Looking Forward

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Community Benefits Service Area FY25 CHNA Updated Map



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Community Benefits Service Area

- H** Beth Israel Deaconess Medical Center and Joslin Diabetes Center
- 1** Bowdoin Street Health Center
- 2** The Dimock Center
- 3** Fenway Health
- 4** Charles River Community Health
- 5** South Cove Community Health Center
- 6** Beth Israel Deaconess Healthcare-Chelsea
- 7** Beth Israel Deaconess Healthcare-Chestnut Hill
- 8** Beth Israel Deaconess Healthcare-Lexington
- 9** BIDMC Cancer Center
- 10** BIDMC Pain Center
- 11** BIDMC Infusion Services at Lahey Hospital and Medical Center
- 12** BIDMC Infusion Services at Mount Auburn Hospital
- 13** BIDMC Infusion Services at Lahey Medical Center - Peabody
- 14** BIDMC Infusion Services at Winchester Hospital

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FY23-25 Implementation Strategy

FY25 Hospital and System Programs/Activities

In FY 25 BIDMC and BILH will:



Support a hydroponic freight farm that will grow fresh produce to be made available to Chelsea residents and area agencies addressing food insecurity



Optimize affiliated community health center access to shared patient medical records to support collaborative care within BILH's new electronic medical record system



Continue to implement Medical Legal Partnership models to address patients' unmet legal needs



Support an on-site Digital Navigator who will train Bowdoin Street Health Center's staff, patients and community members on how to utilize technology, including smartphone apps to support mental health

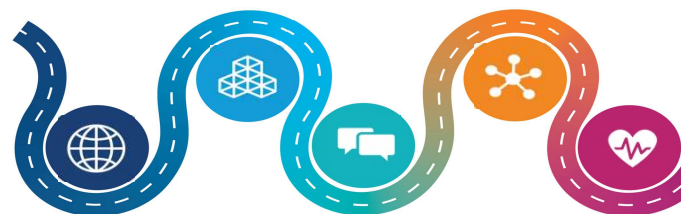


Continue to host/sponsor Mental Health First Aid trainings and implement Behavioral Health Anti-Stigma and Education Campaign as part of BILH Behavioral Health Access Initiative

FY25 Community Health Needs Assessment

FY25 Community Health Needs Assessment Roadmap

Community Engagement Process Overview



GET INVOLVED

What are the needs of YOUR community?

If you live outside of Boston and Chelsea, scan the QR code or visit <https://survey.jsi.com/s/3/FY25-BILH>



ENGAGE OUR COMMUNITY

June – Nov 2024

Community Benefits Advisory Committees shape our community engagement approach

Conduct the Community Survey



COLLABORATE WITH YOU

Sept – Nov 2024

Conduct interviews and focus groups



LEARN THROUGH LISTENING

Feb 2025

Hear directly from residents at Community Listening Sessions



SHARE INFORMATION & PRIORITIZE STRATEGIES

Sept 2025

Share findings and prioritized strategies to address the community's identified health and social needs



FOSTER HEALTHIER COMMUNITIES

2026 – 2028

Implement the strategies identified in the CHNA to improve community health



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FY25 Community Health Needs Assessment and FY26-28 Implementation Strategy

FY25 Changes

The FY25 CHNA and IS process is building upon successes from the FY22 CHNA and IS.

FY22 CHNA/IS	FY25 CHNA/IS
3 Focus Groups (FGs)	5 FGs to reach those with lived experience who were not engaged during the FY22 CHNA
20 Interviews	15 Interviews to address the fact that some were interviewed repeatedly and/or represented specific health priorities
2 Community Listening Sessions (CLS)	1 CLS to focus our efforts on promoting one session and reducing barriers to attendance
Community Health Surveys (31 questions)	Shorter Survey (~20 questions) with a focus on identifying any new needs since the FY22 CHNA

BIDMC continues to support and partner with the Boston Community Health Collaborative and the North Suffolk Public Health Collaborative. We will be sharing data with one another.

Boston Residents:
Take the Boston Community Health Collaborative Survey!



Chelsea Residents:
North Suffolk survey will be available and shared soon.

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Community-based Health Initiative Evaluation Updates

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Community-based Health Initiative Boston Cohort 1 Grantees

Through a competitive funding process in 2020, the BIDMC CHI awarded approximately **\$6.6 million to 16 community-based organizations** in Boston over three years (2021-2023) to plan and implement evidence-based and/or evidence-informed strategies to address three priority areas.

	Funding Amount	Primary Focus Number of Grantees	Secondary Focus Number of Grantees
Total Investment	\$6,600,000	16	3*
 Housing Affordability	\$2,933,333	7	0
 Jobs and Financial Security	\$1,933,333	3	3
 Behavioral Health	\$1,733,333	6	2

*Two of the three grantees worked across all three priority areas; one of the three grantees worked across two priority areas.

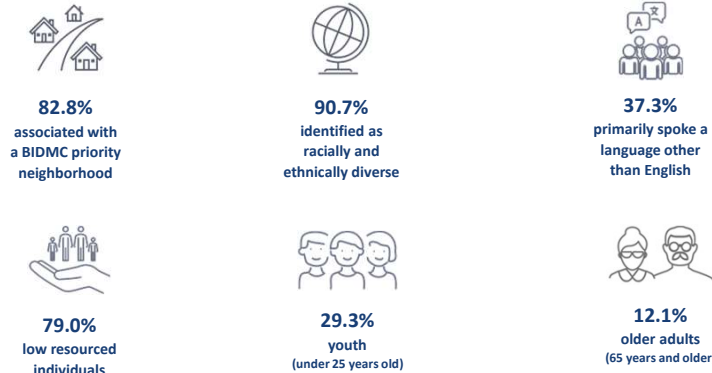
There was also a significant investment in **evaluation capacity building**, including individual technical assistance and learning community webinars.

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Community-based Health Initiative Boston Cohort 1 Participants Reached

The CHI grant funded programs reached a total of **2,850 individuals*** and the BIDMC CHI priority populations.



Funded grantees **hired 84 staff** and **trained 588 staff** and volunteers.

*Note: Sociodemographic data was collected for n=1,919 participants

Community-based Health Initiative Boston Cohort 1 Evaluation Reflections and Lessons Learned

Grantees made a **significant impact** in their communities and in the priority areas of housing affordability, jobs and financial security, and behavioral health*. These priority areas are **interconnected**.

*"[We have] gotten some
clients housed [and are]
boosting people's
confidences and
resources..."*

*"They're... **operating
businesses** now."*

*"She said, 'I learned
something. I feel more
stable, and I want to help
to increase **awareness
about mental health**.'"*

Grantees achieved this impact during an **unprecedented time**.

- Ongoing impact of COVID-19 on mental health and basic needs
- Rising inflation
- Limited affordable housing stock

In addition to impacting the priority areas, through this initiative, grantees built **capacity, connections, and infrastructure**.

*Full report describing overarching evaluation findings for Boston Cohort 1 is posted on CHI website

Community-based Health Initiative Chelsea Grantee Updates



Comunidades Enraizadas Community Land Trust

- Four-year (2023-2026), \$700,000 housing affordability grant to further the mission of the CLT to obtain and permanently secure land and affordable housing for low-income people, regardless of immigration status in Chelsea.
 - To date CE-CLT has expanded organizational capacity with an **additional staff member**; increased reach with **224 new individuals in their network**; launched a **homeownership pilot program** with 9 participants to date; and made **progress in a partnership** with Habitat for Humanity to secure land.



La Colaborativa – Chelsea Youth Employment Program

- Three-year (2022-2024), \$500,000 jobs and financial security grant to deliver year-round work-readiness training, paid work experiences, supervision, mentorship, and academic support to youth.
 - To date **63 youth have enrolled** in the programming and on average received **347 hours of training and work experience**.






North Suffolk Mental Health Association – Latino CART

- Two-year (2021-2022), \$250,000 behavioral health grant to create a bilingual clinical intensive case management team.
 - Graduated participants (43) **increased their knowledge of and confidence in accessing community resources** for basic and social emotional needs, and scores of **natural support connection and resilience**.

Community-based Health Initiative Boston Cohort 2 Grantee Updates

Through a competitive funding process in 2023, the BIDMC CHI awarded approximately \$7.25 million to 11 community-based organizations in Boston over three years (2024-2026) to plan and implement evidence-based and/or evidence-informed strategies to address three priority areas.

	Funding Amount	Primary Focus Number of Grantees
Total Investment	\$7,249,998	11
 Housing Affordability	\$3,400,000	4
 Jobs and Financial Security	\$2,600,000	4
 Behavioral Health	\$1,249,998	3

Community-based Health Initiative Boston Cohort 2 Grantee Evaluation Updates



3-month planning period complete (including 3 evaluation webinars + 33 individual TA calls)



11 logic models and evaluation plans developed



9 shared evaluation outcomes identified



Second round of quarterly individual TA calls in progress



First data transfer completed

Community-based Health Initiative Overarching Evaluation

- Questions?



BIDMC Grantee Panel and Q&A

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Healthy Neighborhoods Initiative Funding Model



Seven collectives for **six Boston neighborhoods** and the **City of Chelsea**. Projects are:

- Responsive to a **neighborhood priority**
- **Decided and led by the neighborhood community**

Fund provides:

- **\$355,000-\$395,000** over 2 years
- Dedicated **5-month planning phase**
- Dedicated **evaluation support**

Goal: Boston neighborhoods and Chelsea have sustained grassroots, collective decision making and collaboration mechanisms to address neighborhood priorities.

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Panel Discussion

Moderator: Min Ma, Data + Soul Research

Panelists:

Chinatown HOPE: Angie Liou



Allston Brighton Health Collaborative: Anna Leslie



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Chinatown HOPE Overview



After robust community engagement, the Collective selected a 3-pronged project focused on improving emotional health through the activation of open space:

Gardening brigade: Made up of residents, youth, and other stakeholders, the brigade stewards a community garden, establishes planters, and engages in workshops that help them learn stewardship of greenery and climate resilience.

Activation of open space with wellness activities: Activities in open spaces focus on activities such as tai chi, qi gong, art and cultural activities.

Leadership development for the long-term planning for open space in Chinatown: To build resident leadership and strengthen Chinatown's collective voice, we include activities for leadership development through advocacy and long-term planning strategies.



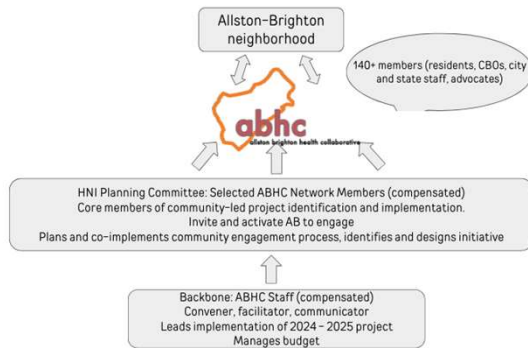
Boston Chinatown
Neighborhood Center
波士頓華埠社區中心



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Allston-Brighton Health Collaborative Overview



HOW DID WE DECIDE?

1. Does it address our six health priorities?
2. What is its connection to equity, particularly health equity?
3. Do the data we collected support this idea?
4. Is the idea (or could it be) S.M.A.R.T?
5. Is it being addressed already?
6. Is this the most effective use of this funding?/What's the potential for longterm impact?

"Know your ABCs!" Community leadership program to increase residents' knowledge and use of community resources. Nine Allston-Brighton Connectors (ABCs) are trained and paid to:

- understand information and service gaps
- connect fellow residents to resources and programming
- work with residents to advocate for missing resources and programming to meet community needs.

Audience Q&A



Next Steps and Adjourn

Next Steps

- Sign up for the quarterly Community Connections newsletter to receive regular updates (see next slide for instructions)
- Participate in BIDMC's Community Health Needs Assessment and share the surveys in your communities
 - Boston residents:** Take the Boston [Community Health Collaborative Survey](#)
 - Chelsea residents:** Stay tuned for the survey from the North Suffolk Public Health Collaborative
 - Residents in other BILH communities:** Take the [BILH Community Survey](#)

The next Community Benefits Advisory Committee meeting is December 10, 2024 (virtual)

Community Benefits and Community Relations *Community Connections Quarterly Newsletter*

Community Connections

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April 2024

Quarterly newsletter translated into 8 languages

[Chinese, Simplified \(中文简体字\)](#)
[Chinese, Traditional \(中文繁体字\)](#)

[Haitian Creole \(Kreyòl Ayisyen\)](#)
[Russian \(русский\)](#)

[Cape Verde \(Cabo Verde\)](#)
[Portuguese \(Português\)](#)

[Spanish \(Español\)](#)
[Vietnamese \(Tiếng Việt\)](#)

Grantee Collective Impact Summary

BIDMC is excited to share the overarching evaluation findings for the first cohort of Boston grantees. This [executive summary](#), prepared by our independent evaluator Health Resources in Action (HRIA), highlights the demographics of participants reached, the number of services delivered, and the impact achieved across the three priority areas of housing affordability, jobs and financial security, and behavioral health.



Click [here](#) or scan the QR code to sign up:



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Questions?

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