



Beth Israel Lahey Health 
Beth Israel Deaconess Medical Center

Harvard Medical School

Research Fellowship Program

in Integrative Medicine

Participating Institutions:

- Beth Israel Deaconess Medical Center
- Brigham and Women's Hospital
- Harvard Medical School
- Harvard School of Public Health
- Massachusetts General Hospital
- Cambridge Health Alliance
- Dana-Farber Cancer Institute
- Spaulding Rehabilitation Network

The Research Fellowship Program in Integrative Medicine at Harvard Medical School accepts MD, PhD, and other post-doctoral applicants for three-year academic fellowships in Integrative Medicine. Areas of special interest within Integrative Medicine include mind-body therapies and placebo studies. Other areas of focus and faculty expertise include chronic disease management, cardiometabolic disease, cardiac and pulmonary health, musculoskeletal health, neurocognition, positive behavior change, and healthy aging. The Program offers each Fellow an appointment at Harvard Medical School and one or more of its affiliated hospitals. All fellows participate in the intensive summer program in Clinical Effectiveness at the Harvard School of Public Health. Selected fellows qualifying for acceptance to the Harvard T.H. Chan School of Public Health may have the opportunity to pursue a rigorous curriculum that could lead to a Master of Public Health degree. The Program also includes structured experiences to improve teaching skills and supervised clinical activities under the direction of experienced faculty in general internal medicine and integrative medical therapies. Each Fellow is expected to design, conduct, present, and publish at least two original investigative projects. This research fellowship in Integrative Medicine was first funded in 1999 by the National Institutes of Health, National Center for Complementary and Alternative Medicine (now the National Center for Complementary and Integrative Health), and was the first of its kind in the United States. The Program is based at Beth Israel Deaconess Medical Center within the Division of General Medicine, with several affiliate sites across Harvard. The Program is closely affiliated with the Osher Center for Integrative Health at Harvard Medical School and Brigham and Women's Hospital.

THE ACADEMIC CURRICULUM:

The program begins each July with a seven-week summer core curriculum taught by faculty at the Harvard T.H. Chan School of Public Health (Summer Program in Clinical Effectiveness). The 15-credit core curriculum includes required courses in biostatistics, epidemiology, and elective courses in health policy, health services research, decision sciences, quality improvement, public health ethics, and clinical trials. The intensive summer experience includes about six hours per day of classroom time and about four hours per night of assignments, including two required class presentations.

After completion of the summer core curriculum, select fellows may have the opportunity to continue to take advanced courses at the Harvard T.H. Chan School of Public Health and, upon earning 45 academic credits, can obtain a Master's of Public Health degree. Regardless, all Fellows are strongly encouraged and will be supported to take specific advanced course work that will help develop the investigative skills required for their original research projects.

FELLOWSHIP SEMINARS:

Fellows attend weekly seminars or research conferences addressing current research in integrative medicine, applied research methodology, critical appraisal of the scientific literature, and a core curriculum for basic competency in the field of integrative health. Weekly seminars provide a forum to present and discuss fellows' ongoing research, and provide opportunities for academic and career mentorship.

CLINICAL OPPORTUNITIES:

Beginning in the fall of the first fellowship year, clinical fellows (e.g., physicians, clinical psychologists) provide care for patients at an affiliated clinical site. Fellows may have opportunities to work with integrative medicine providers and/or observing their practices. Non-clinical fellows (e.g., non-clinical PhDs, basic scientists) also have opportunities to shadow and observe clinical practice to gain a better understanding of integrative care and to inform research interests.

The Osher Clinical Center at Brigham and Women's hospital serves patients with a variety of chronic and pain related conditions and operates as a model of integration with the entire hospital system. All visit and consultation notes are entered on the hospital-wide electronic medical record for

maximum collaboration and communication with a patient's other health care providers. Additional clinical opportunities, both conventional and integrative medicine, may be available at other affiliated sites through the Harvard network, or through individual study through extracurricular training.

THE RESEARCH PROGRAM:

Each fellow works in close collaboration with a faculty mentor and initiates a research project during the first year of the fellowship. The project will focus on integrative medicine and may include any of a number of methodologies and topics: clinical epidemiology, clinical trials, decision analysis, patient outcomes, health services research, health policy, practice variation, technology assessment, access and equity in health care, education, quality improvement, disease prevention, health promotion, ethics, informatics, basic science, and translational research. Fellows present their plans and research in progress at seminars within the program. They are encouraged and expected to present their findings at appropriate regional and national meetings of organizations such as the Academic Consortium for Integrative Medicine & Health, Society of General Internal Medicine, Society of Behavioral Medicine, American Public Health Association, or other health specialty organizations (e.g., the American College of Cardiology, Society of Integrative Oncology, Society of Acupuncture Research).

STRUCTURE OF THE PROGRAM:

The Program is administered by the Harvard Medical School through the Division of General Medicine at Beth Israel Deaconess Medical Center which maintains formal connections with the participating clinical sites. The Program is also closely affiliated with the Osher Center for Integrative Medicine jointly based at Harvard Medical School and Brigham and Women's Hospital. The clinical sites serve as a natural laboratory for the clinical investigation and/or educational projects of the Fellow. Fellows based at participating sites will have primary faculty mentorship at this site. However, the full resources of the entire program are available to all fellows at all clinical sites.

The Program emphasizes research and prepare fellows for academic careers in integrative medicine, although fellows also receive training in teaching and clinician trainees have the opportunity to further develop or learn new patient care skills in integrative medicine. Fellows receive personalized supervision in the development, design, and implementation of research projects, data management and analysis, preparation of manuscripts for publication, and writing career development awards and other grants.

FACULTY:

Faculty members in the Program are recognized leaders in academic medicine and the field of integrative medicine and health. Core faculty include: Dr. Gloria Yeh (Director of the program), Dr. Peter Wayne, Dr. Roger Davis, and Professor Ted Kaptchuk. We have a diverse group of supporting affiliate faculty across multiple Harvard institutions and academic disciplines.

ELIGIBILITY AND APPLICATION:

MD applicants who are board-eligible or board-certified in internal medicine at the start of their first fellowship year are given priority, but physicians who are board-eligible or certified in other specialties are considered as well. We also encourage applications from PhD or other doctoral degree applicants with interests in clinical, basic or translational research that are aligned with the priorities of the fellowship program. Applicants are screened on the basis of their career goals and on the recommendations of faculty from their medical schools, residency programs, and/or doctoral programs.

Each applicant must complete an **application form, submit one writing sample, provide an updated CV/Resume, and have two letters of recommendation** submitted by faculty who are familiar with the applicant's qualifications. If the applicant is an MD, one of these letters must be from the Director

of the current or most recent clinical training program. The writing sample may be published or unpublished scientific writing.

The fellowship year begins on July 1st. Personal interviews for those selected from the pool of applicants are generally held in October and November. Notification of acceptance usually occurs by end of November of that year.

Candidates who apply to the Program have the opportunity to learn about program components during the interview process. As part of the selection process, applicants will need to be matched to a participating clinical institution. The primary institution typically serves as the site for the fellow's research activities, clinical practice and teaching activities.

Fellows who are accepted into the Program are then required to complete a formal application to the Harvard T.H. Chan School of Public Health prior to beginning the fellowship. In addition to the fellowship stipend, the Program pays tuition for the summer core curriculum (Program in Clinical Effectiveness). For some fellows, there may be opportunity to earn a Master's level degree at the Harvard T. H Chan School of Public Health. The deadline for application to the Master's program at the Harvard School of Public Health is December 1 prior to beginning the program in July. The deadline for the application to the Program in Clinical Effectiveness is February 1 prior to beginning the program in July.

MINORITY APPLICANTS:

The program is particularly interested in applications from individuals from under-represented minority groups. Research projects conducted by the faculty have included those that focus on the care of minority and other underserved populations. Harvard Medical School and each of the participating sites are equal opportunity employers.

Applications, CVs, Two Letters of Recommendation, and a Writing Sample should be sent to:

Beth Israel Deaconess Medical Center (BIDMC)
Research Fellowship Program in Integrative Medicine
1309 Beacon Street 2nd Floor
Brookline, MA 02446
Tel (617)-754-1426
Fax (617)-754-1440

Attn: Integrative Medicine Fellowship Coordinator
e-mail: GIMfellowship@bidmc.harvard.edu

**HARVARD MEDICAL SCHOOL
Research Fellowship Program in
Integrative Medicine
For Fellowship Beginning July 1, 2026**

APPLICATION FORM

*Type or fill out by hand
(Please DO NOT USE blue ink)*

I. Personal Data

1.	Name in full: (Include middle name please)
2.	Home address:
3.	Present address (if different):
4.	Telephone (daytime):
	Telephone (evening):
	Page number and ID:
	Fax number:
	E-mail:
5.	Name of spouse:
6.	In case of emergency, notify:
7.	Last 4 of Social Security Number:
8.	Date of birth:
9.	<p>You must check one of the three options below to be eligible for the program:</p> <p><input type="checkbox"/> I am a citizen of the United States</p> <p><input type="checkbox"/> I am a non-citizen U.S. national (this is a rare circumstance)</p> <p><input type="checkbox"/> I am a permanent resident (I-551 or I-151)</p>
10.	<p>If you are graduate of a foreign medical school (except Canada), you are REQUIRED to be certified by the Educational Council for Foreign Medical Graduates. Please provide certificate number and date:</p> <p>Standard Certificate Number: (Photocopy MUST be enclosed)</p> <p>Date of Certification:</p>
11.	<p>Do you have any disabilities or limitations that would prevent you from performing the responsibilities of this fellowship?</p> <p>Yes () No ()</p>

II. EDUCATION, LICENSURE, AND EXPERIENCE

1.	High School
	Name and location: Graduation date:
2.	College
	Name and location: Graduation date:
3.	Postgraduate
	Name and location: Graduation date:
4.	Medical School
	Name and location: Graduation date:
	Honors?
5.	Residency and Internship Training (most recent first)
A.	Hospital: Type: Location: Date:
B.	Hospital: Type: Location: Date:
C.	Hospital: Type: Location: Date:
D.	Hospital: Type: Location: Date:
6.	Fellowships (most recent first)
A.	
B.	
	Subspecialty Board Certification:
6.	If you had a previous POST-DOCTORAL Fellowship, was it funded by a National Research Service Award (NRSA)? (If you are unsure, please contact the program officers and ask.) You will not be eligible for this fellowship if you have already had more than one year of postdoctoral NRSA funding.
	Yes () Years funded: No ()

7.	Have your privileges at any hospital or other facility even been denied, limited, suspended, revoked or not renewed? And/or have you ever been denied membership or a renewal thereof or been subjected to disciplinary proceedings in any hospital or medical association?
	Yes () Please provide full details separately No ()
8.	Has your license to practice medicine in any jurisdiction ever been limited, suspended or revoked?
	Yes () Please provide full details separately No ()
9.	Have you ever voluntarily relinquished your license?
	Yes () Please provide full details separately No ()
10.	Please provide details of national and state board examinations:
	Date: State: Number: Result:
	Date: State: Number: Result:

III. RESEARCH AND CAREER PLANS (You may use a separate page if additional space is needed)

1.	Do you plan to take a subspecialty fellowship in the future?
	Yes () No ()
2.	Do you plan to earn any further degrees in the future?
	Yes () No ()
	Please specify:
3.	Why are you interested in the Research Fellowship Program in Integrative Medicine?
4.	Describe your research interests in integrative medicine:
5.	a) Describe your clinical interests in integrative medicine:
	b) Describe your ideas for potential fellowship projects:

6.	Describe the position you envision upon completion of this fellowship program:
7.	Describe your long-term goals:
8.	The usual time period for a Fellow to be associated with this program is three years. If you will require more or less time than that, please explain why:
9.	If you wish to provide any additional information that may be helpful to the selection committee, please add it here:

10.	If you have published (articles, books, and/or monographs), please list your publications below. Indicate which publication represents your best work. You may attach a separate list if one is available. Abstracts should be listed under a separate category.
11.	How did you hear about this fellowship program?
	<input type="checkbox"/> Advertisement in medical journal. Name:
	<input type="checkbox"/> Friend/Associate:
	<input type="checkbox"/> Other:

IV. REFERENCES

	Please arrange to have three letters of reference submitted. One must be from the Director of your current or most recent clinical training program. List the three referring faculty members below:
1.	Name: Institution: Title:
2.	Name: Institution: Title:
3.	Name: Institution: Title:
	Fellows will start July 1 of each calendar year.

I attest that this information is accurate to the best of my knowledge:

Candidate signature

Date