

What will happen?

1

SCREENING

You will meet with a study clinician to make sure that you are a good fit for the study. S/he will ask you about your mental health, school, & work histories.

2

ASSESSMENT

If you are eligible, you will meet with the clinician again for more interviews, questionnaires, and an orientation to the study's phone app.

3

APP SURVEYS

For 3 weeks, the app will prompt you to fill out 6 short surveys throughout the day. These ask about your emotions, thoughts, context, & experiences.

STUDY STAFF

PRINCIPAL INVESTIGATORS

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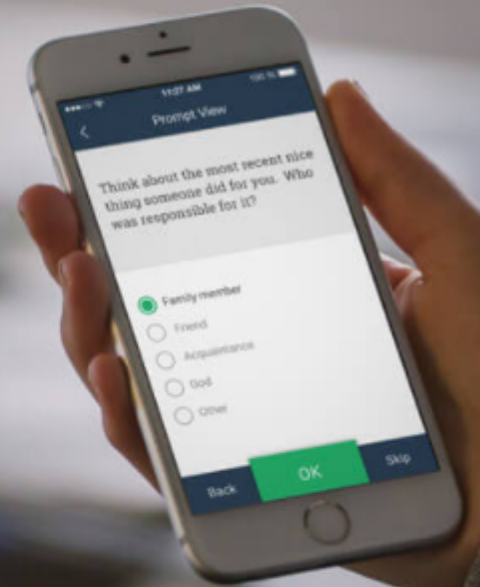
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Study of the Daily Life of Young Adults

Help us learn how emotions, thoughts, & experiences change over time for young adults experiencing changes in their mental health.



What is this study about?

We are interested in learning more about how young peoples' emotions and thoughts vary in their daily lives. We ask participants to answer questions about emotions, thoughts, activities, and social experiences via a phone app.

Who can participate?

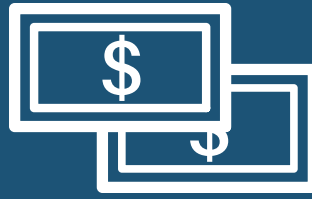
You can participate in this study if you are between the ages of 15 and 25. We are looking for people who have had a new or worsening disruption in their thoughts, perceptions, beliefs, and/or school/work functioning. We are also looking for people who have not had these experiences.

How does the app work?

The phone app will notify you throughout the day to answer a series of questions about your mood, thoughts, activity, and experiences. You will upload your answers via WiFi using a personal web account.

Is my information safe?

We will not ask you to provide any identifying information through the app. Your answers will be recorded with a study ID number, not your name. The app uses multiple levels of encryption to keep your information secure.



You will be compensated

Depending on how much you use the app, you can earn up to \$275



Your work helps others

By participating in this study, you may help us better understand early mental health symptoms and develop new treatments.



It's up to you

Participating in this study is voluntary. Even if you begin the study, but change your mind later, you can stop at any time.

