Support Person/Visitor Policy for Labor and Delivery and Obstetric Inpatient Units

During the COVID-19 pandemic, we have temporary policies in place in order to keep everyone safe. This includes policies for support persons/visitors for all of our patients who receive pregnancy-related inpatient care at BIDMC. Thank you in advance for your understanding.

Labor and Delivery

- All patients admitted to the Labor & Delivery unit may have one or two healthy support person(s). Support persons should self-isolate for 14 days prior to arrival.

- Support persons must stay with you at all times in your hospital room, unless requested to do otherwise by hospital staff. Support persons may order hospital meals.

- Support persons in Labor & Delivery must be 18 years old or over. They must wear a BIDMC-issued surgical mask. Masks must be worn even if the person has received the COVID-19 vaccination.

Post-partum Units

- All patients may have one continuous support person in their room on the postpartum unit. This person should stay with you at all times in your hospital room, unless requested to do otherwise by hospital staff. They must wear a hospital-provided surgical mask. The support person may order hospital meals.

- Post-partum patients who have had a negative test for COVID-19 may have one additional healthy visitor per day, following the regular hospital policies. Hours are noon – 7 pm.

- Post-partum patients who have or may have COVID-19 may only have one continuous support person throughout their stay; they may not have any other visitors.

Antepartum inpatient stay

- Pregnant patients who are admitted to the hospital, but are not on the Labor and Delivery unit, and who have had a negative test for COVID-19 shortly before or after admission, may have one healthy visitor each day according to regular hospital visiting policies. Visitors must wear a mask, even if they are vaccinated. Hours are noon – 7 pm.

- Antepartum patients who have or may have COVID-19 may not have visitors.