

Support Person/Visitor Policy for Labor and Delivery and Obstetric Inpatient Units

During the COVID-19 pandemic, we have temporary policies in place in order to keep everyone safe. This includes policies for support persons/visitors for all of our patients who receive pregnancy-related inpatient care at BIDMC. Thank you in advance for your understanding.

Labor and Delivery

- All patients admitted to the Labor & Delivery unit may have **one healthy support person**. The support person should self-isolate for 14 days prior to arrival.
- Your support person **must stay with you** at all times in your hospital room, unless requested to do otherwise by hospital staff. Support persons may order hospital meals.
- Support persons in Labor & Delivery **must be 18 years old** or over. They must wear a hospital-issued mask.

Post-partum Units

- You may have the **same support person** with you in your room on the postpartum unit. This person should stay with you at all times in your hospital room, unless requested to do otherwise by hospital staff. They must wear a hospital-issued mask. The support person may order hospital meals.
- In keeping with BIDMC's temporary restrictions on visitors due to COVID-19, no other visitors are allowed on the post-partum units at this time.

Antepartum inpatient stay

- We presently cannot allow visitors for antepartum patients due to COVID-19 restrictions.

Applies to all areas

All support persons must:

- **Be screened** before entering. If the support person has signs of COVID-19, they will be asked to isolate at home right away. The patient may designate someone else in their place.
- **Wear a hospital-issued mask** at all times.
- **Wash hands** frequently.
- Be **at least 18 years old**.
- Stay in the patient's room; **may not go to cafeteria or other areas** of the hospital.

We know limiting visitors is difficult. We invite you to stay in touch with family and friends using calls and video chats. Guest Wifi is available. A tablet may be borrowed for video calls if you do not have a device.