BIDMC Faculty &

Medical Journals

Our alumni hold a range of very

high-level leadership positions

throughout medicine. Below we

currently hold major positions in

highlight several of our female

BIDMC faculty members who

academic medical journals.

Carol Bates, MD

Co-Editor-in-Chief, Journal of

Attending Physician, Division of

Dean for Faculty Affairs, HMS

Mary Beth Hamel, MD,

Executive Editor, The New

General Medicine

England Journal of Medicine Attending Physician, Division of

Shoshana (Shani) Herzig,

Senior Deputy Editor, the

Journal of Hospital Medicine Attending Hospitalist, Associate

Chief of Hospital Medicine for Academic Affairs; Director of

Hospital Medicine Research,

Division of General Medicine

"I owe the start of my academic career to amazing advising by

the BIDMC Residency Program

Harvard Medical School General Medicine Fellowship. The rest is

Director, who, knowing my background and interests,

suggested I look into the

MD, MPH

MPH

General Internal Medicine

Alumni Leaders

at Academic

Winter 2023 As I'm sure is the case with each of you, since our last Alumni Newsletter the residency program has continued

Program Update:

to adapt to changes from the pandemic. However, I am grateful that we have largely returned to a (new) sense of normalcy. In the last six months we were able to celebrate the graduation of our wonderful senior residents, orient our new interns, hold our intern retreat, celebrate a wonderful fellowship match (see pictures below), and hold a holiday party. While we have been able to continue many of the events and traditions that celebrate our residents and maintain the warm, supportive, and collegial

environment of our residency program, we have also incorporated some new aspects to our residency program such as a virtual intern interview process, the ability to access many conferences remotely, and virtual patient care visits. While clinically and educationally adapting and adjusting to the pandemic has consumed much of our time, the residency program has continued to look to the future and create innovative new programs to support our residents and provide new opportunities to help them achieve their career goals and become leaders in internal medicine. This issue of *Alumni News* will highlight ways our residency program has modified itself through the pandemic, while continuing to design additions to the curriculum that have made us one of the very top

residency programs in the country. In this edition, we are highlighting two new, highly innovative programs: the Social Justice Pathway and the Digital Education Track. As with our other tracks and pathways, these programs provide our residents with the opportunity to work with local, regional, and national leaders to help shape their careers as future leaders in internal medicine. With the transition to entirely virtual interviews for our intern applicants, we had to create new ways to highlight

our program to applicants—not only the structure and curriculum, but more importantly the culture of the program. With the help of our Associate Program Directors, Drs. Ginny Brady and Neal Biddick, and our program administrator, Nikki DeMelo, we have designed a wealth of new materials to showcase our program. Since many of you have not had a chance to visit and experience the exceptional clinical care, research, and medical education opportunities we provide to our

residents, we thought you would appreciate the chance to see some of these materials. Just below you will find several links to videos that highlight only a few aspects of our program. I hope you will take time to watch them and learn more about what is happening within your internal medicine residency program! As I write this, we are receiving the results of our intern match, and it is a spectacular class—we look forward to sharing more details in our next Alumni News! However, in the meantime you can find news of the Match and other updates about our program on Twitter @BIDMC IM and Instagram <a>@BIDMC_IM. As always, we love hearing from you, so please email us with updates about your life, career, and reflections on your time at BIDMC. Chris Smith, MD Director, Internal Medicine Residency Program

Primary Care Leadership Research CET and DET Tracks Primary Care Track Diversity, Equity & Inclusion Social Justice Track

Global Health Track Preliminary Program Med-Neuro Program

Innovations in the

Check out our videos on:

Wellness

Curriculum: The Digital Educator Track and Social

Justice Pathway

Each year, our residency program and medical education leadership work thoughtfully to ensure each of our learners receives an education covering the breadth and depth of internal medicine. As the medical field and wider society undergo changes, we as educators must continue to be thoughtful in ways that meet the moment and provide topical curriculum developments. This has led to the introduction of two new tracks within our residency.

the Center for Education.

project.

the residency.

them in the future!

here at BIDMC:

week long medical education boot camp run by track directors and educational leaders at BIDMC, and then regular seminars to not only learn about medical education and digital media, but to also create novel content. The residents have created a number of peer-reviewed podcasts with the American College of Physicians-partnered series CORE IM. "Digital education is still a small, though rapidly growing, field," said Dr. Rodman. "Getting to see our residents learn how to be digital educators early on in their careers is absolutely thrilling – and it puts BIDMC on the map as the center of digital education training and scholarship." "There is nothing I love more than seeing residents take

Our **Digital Educator Track (DET)** is entering its third year and

Adam Rodman, MD, both noted podcasters and educators who

have also formed Innovations in Medical Education Delivery, or

iMED, program within BIDMC's Division of General Medicine and

residents to be leaders in digital education. Interns apply for this

looks to the future of medical education and open access

The DET Track is a rigorous two year program that trains

track in the winter of the intern year. Once accepted, their schedule is built such that they have protected time to attend a

platforms. The track is directed by Shreya Trivedi, MD, and

ownership of a topic and growing as educators through the rigorous creation process in various teaching platforms," said Dr. Trivedi. "Some of the episodes we have created in the digital education track have reached over >50,000 unique listeners from across the world." The Social Justice Pathway (SJP) is our second new curriculum development and is designed for residents who aim to be leaders at the intersection of medicine and social advocacy. Beginning in their PGY2 year, residents in this track will participate in a three-pronged curriculum including immersive didactic experiences, local community outreach and advocacy work, and a longitudinal research or innovations

The SJP is directed by Lika Targan, MD, a primary care

The Associate Directors of the program are Ruvandhi

physician in the Division of General Medicine at BIDMC, and an

Associate Program Director and alumna of the IM Residency.

Nathavitharana, MD, MPH, faculty in the Division of Infectious

Diseases at BIDMC, and **Giovanna Leddy**, **MD**, a primary care

physician in the Division of General Medicine and an alumna of

The mission of the Social Justice Pathway is to equip trainees to be change agents in our healthcare system and society. Profound social and systemic barriers create health inequities that are a feature of our healthcare system. Healthcare professionals have a unique vantage point to speak to the social, economic, and political factors that influence the care our patients receive. Through our social justice didactic curriculum, community outreach, and mentorship, our educators believe that residents will better understand the injustices in our healthcare system and society and be better positioned to find their role in providing solutions.

"We hope that this pathway will enable our residents to develop meaningful partnerships within our community and provide them with tools to engage and empower marginalized groups," said Dr. Targan. "We want our residents to find their passion within this pathway, whether it is advocating for immigrants, those suffering from food insecurity, our incarcerated population, or striving toward environmental justice. This pathway aims to

Our residency is excited to welcome both of these programs to the curriculum and look forward to sharing more updates on

support residents across the spectrum of this work."

Residents in our Digital Educator Track with program co-directors Adam Rodman and Shreya Trivedi and Residency Director Chris Smith; photo from the BIDMC-wide 'Kneel In' protest From the Chair Below are two leadership messages Mark Zeidel, MD, Chair of the Department of Medicine, shared with our Department in which he shouts out the care and dedication of our current residents.

needed and responded to every page promptly.

I am, of course, enormously proud of the academic accomplishments of our faculty and our residents, but acts of simple kindness and compassion like the one this narrative describes represent the very best of who we are and who we can be. - Mark Zeidel, MD Chair, Department of Medicine

Unfortunately, the match is so competitive that many of these truly outstanding people are not outstanding enough to be ranked to match here. The residency program faculty and staff do a superb job recruiting and selecting the most talented and compassionate

weeks last month and had the good fortune to have Resident O as his resident. She was well informed or tracked down the answer to any question I had, and was very kind. In addition to being on top of everything, she made a point of calling me every afternoon before she left to provide updates, which was very reassuring. The case manager, who I

"I just wanted to pass on some kind words from a patient about the care that a resident x

unfortunately was also in the hospital about a month and a half ago. She was extremely anxious about her health, so we spent a while talking about her condition. The one thing that she kept saying over and over again was how grateful she was to have been taken care of by resident x and intern y (whose full names she remembered still!). She felt they provided her with excellent, personal, deeply human care, and she felt so safe with them looking after her here at BI that when her PCP suggested referrals to other centers and

and intern y provided. I am on nightfloat and admitted a woman overnight who

subspecialists to expedite her care, she declined. In fact, she had such a good

experience that she is considering transferring all of her care to BIDMC. I've gotten to work with both of them and couldn't agree more—they are a real credit to the program



Grace C. Huang, MD

Editor-in-Chief, MedEdPORTAL

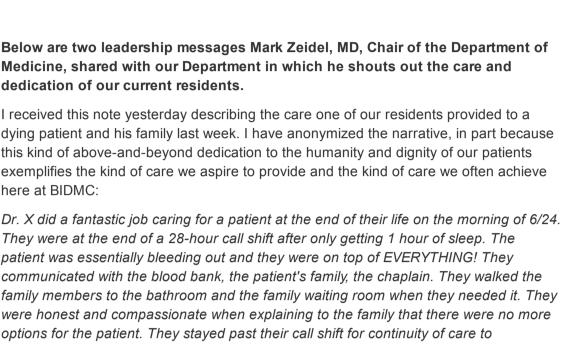
Hospitalist, Division of General

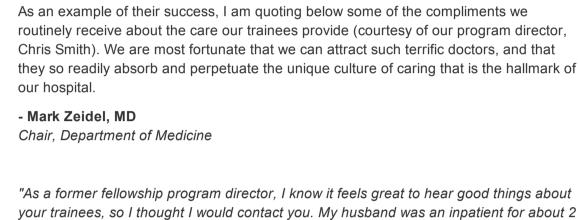
Medicine; Dean for Faculty

Affairs, HMS









spoke to frequently, also sings her praises."

and to the hospital."

for my family members.

are so very lucky to have them."

medical students in the country to serve as residents here.

"I just had the absolute pleasure of working with Resident P and Intern R. I just wanted to reach out to let you know how incredibly impressed I was with them both. They stood out in just about every respect. They both have incredible fund of knowledge and perhaps most impressive was their clinical judgment; I don't think I changed or disagreed with a single one of their plans,

with systems-knowledge well beyond her years. For example, when pharmacies were closed on Christmas, she was able to figure out a way for patients to get prescriptions filled. When a discharge was going to be held up by issues with VNA, Resident R figured out a work around and got the patient home. I could keep going. They are gems and we

"While on service with Resident A, we had a patient who was clearly becoming more depressed after being in the hospital for nearly 40 days for various complications after a back surgery. Knowing that the patient was a big Boston Celtics fan and that the patient wasn't able to get the games on the hospital TV, Resident A accessed a streaming

service for the patient to watch the games on an iPAD. Regardless of the games, the gesture had a big impact on the patient - he specifically told me "that was so thoughtful of him" and his spirits were certainly brighter after that." "I find it strange that I am sending you another thank you for one of your interns, Dr. S. Kindness just emanates from Dr. S. It is quite remarkable how his kindness and calmness help my husband. When Dr. A enters the room, my husband's eyes just light up. It has been quite the roller coaster for my husband. In and out of the hospital for months and Dr. S so appreciates these challenges. He listens to me and, more importantly, to my husband. But beyond the great care, Dr. S must have asked my husband if he needed anything and he asked if he could get him a newspaper, and Dr S went looking for a newspaper in print! So since yesterday, everyone that contacts me to find out how my husband is doing, I tell them this remarkable story.

Fellowship Match 2022 THE MATCH We are thrilled to announce the results of this year's fellowship match for our Internal Medicine Residents, which was, once again, spectacular. Click here to view the Match List — as you will

programs across the country. This document also highlights where our senior residents will be pursuing careers as Hospitalists or Primary Care physicians. Congratulations to the residents on their future careers and on an exceptional match—we are extremely proud of them. As you recognize, there are countless faculty and alumni who have supported our residents throughout the process with letters, phone calls, mentorship, and mock interviews; without their help, this wonderful match would not be possible. Thank you to everyone who has supported our residents and congratulations to them on

year Annual Report, to the theme of 'Unprecedented Times, Unprecedented Response,' detailing the BIDMC experience and achievements during the COVID-19 pandemic. The Report shares the efforts of our entire Department, including trainees, faculty members, and leadership. We describe reconfigured our training programs to meet service and educational needs

The Department of Medicine

In the fall, the Department of Medicine released our latest, two-

Annual Report

Awards & Honors

Department of Medicine at BIDMC.

cardiovascular health.

Experience.

for seniors.

Circulatory Support Curriculum."

congress website to learn more.

during the past academic year.

Department of Medicine.

Program.

Anjala Tess, MD, was named Vice Chair for Quality in the

Daniele Ölveczky, MD, MS, has been named Faculty Director of the Office for Diversity, Equity and Inclusion at BIDMC.

Massachusetts Chapter Diversity, Equity and Inclusion Award.

of Physicians (MACP) at their 2021 Awards Ceremony.

She was also selected by the Massachusetts Chapter of the American College of Physicians as the inaugural recipient of the 2021 American College of Physicians

Rahul Aggarwal, MD, has been selected as one of the recipients of the American College of Cardiology's Young Investigator Awards in Outcomes Research for

Sara Fazio, MD, was recognized with the Mastership level of the American College

Jason Matos, MD, joined Wendy Stead, MD, as Firm Chief of the Blumgart Firm.

Sophie Brigstock, MD, was selected by The Center for Education as the 2022 recipient of the Outstanding Resident Teacher Award - Principal Clinical

leading important work focused on the implications of expanding Medicare on



Associate Program Director, Internal Medicine Residency Program

how our residents, fellows, faculty, and staff developed innovative approaches to care, simultaneously, and performed research crucial to controlling the pandemic. The impact of these efforts extended far and wide, reaching from the individual patient to global populations. Our residency is featured on pages 34-37 of the Report in the feature, "Unprecedented Learning: The Residency Response to COVID-19." Here you can learn how we morphed, innovated, Zoomed, and masked our way to prioritizing our educational programs and learners during these two unprecedented years. There is also a message on pages 10-11 from our Vice Chair for Education, Eileen Reynolds, Residency Program Director and Associate Vice Chair for Education, Chris Smith, and Associate Vice Chair for Education, Anjala Tess, on our educational missions and new

Director for The Rabkin Fellowship in Medical Education. Daniel Ricotta, MD, has been named the Senior Director The Carl J. Shapiro Simulation and Skills Center (SASC). Grace C. Huang, MD, has been named as Dean for Faculty Affairs at HMS and was promoted to **Professor of Medicine** at HMS. Jason Freed, MD, has been selected as the Director, Fellowship Programs, Department of Medicine. Neal Biddick, MD, was selected as the 2022 recipient of the S. Robert Stone Award for Excellence in Teaching from The Carl J. Shapiro Institute. Dr. Biddick is also the new Co-Site Director for the BIDMC site of the Practice of Medicine Course (POM). Zach Reese, MD, has received the 2023 Dean's Award for Excellence in Clinical Teaching by Housestaff from the Perelman School of Medicine at the University of Pennsylvania. This award recognizes clinical teaching excellence and commitment to medical education by outstanding housestaff at UPenn, where he is completing his fellowship in Pulmonary and Critical Care. Emmanuel Mensah, MD, MBA, was selected as the recipient of the 2022 Charles McCabe Faculty Prize for Excellence in Teaching from Harvard Medical School. Sharon K. Inouye, MD, MPH, MACP, has been selected as the recipient of the 2022-2023 John Phillips Memorial Award for Outstanding Work in Clinical Medicine from the American College of Physicians. Katie Vaughan, MD, Chief Resident Medical Resident at the VA, was awarded the first

In Memoriam We are sad to report on the deaths of following members of our alumni community: Siamak A. Adibi, MD, passed away on May 10, 2020.

to the fellow who has contributed the most to the education of the medical residents

Kristen Flint, MD, received the The Stoneman Center for Quality and Safety -Resident Award, in recognition of demonstrating exceptional skills in quality improvement and making contributions to the improvement of patient care in the

Sam Good, MD, was selected as recipient of the Steven E. Weinberger Award. Chosen by the Department's Education Committee, this award recognizes a senior member of the medical housestaff who has contributed unselfishly to the residency program. The recipient exemplifies the collegial spirit of Beth Israel Deaconess Medical

Shane Warnock, MD, was presented with the Lowell McGee Award. This award was established to name a senior resident who has contributed the most to educating his/her

Kate Ituarte, MD, was the 2022 Resident Awardee of the Katherine Swan Ginsburg Humanism in Medicine Award, in recognition of her compassionate patient-centered

Center through membership, advocacy, and leadership.

Dr. Adibi was a Deaconess Hospital resident from 1961 to 1963, and completed his medical training at Harvard and MIT in the 1960s. Born in Iran, he came to the United States at a young age to begin his career in medicine and basic science at Johns Hopkins University, where he graduated in three years before attending Jefferson Medical College. He taught at the University of

Pittsburgh from 1966 to 2002, authored many scientific papers and two books, and received a patent for his discovery of a protein-rich solution to replace sugar water for intravenous patients. In addition to his wife,

Cardiology Fellow. He attended Jamaica College and then studied medicine at Howard University. His medical studies were carved in history when he became the first

of Medicine at Merrell Dow. He is survived by his wife, Anne, his daughters Valery and Doria (Dwight DeVane),

Gordon, and his grandchildren, Sara, Amy, and Adam

P. Herbert Leiderman, MD, a preliminary medical

resident at Beth Israel Hospital from 1953 to 1954, died on April 1, 2021. A clinical psychiatrist and researcher, he received a medical degree from Harvard in 1953, where he was a faculty member until 1963. He then became an associate professor at the Stanford

University School of Medicine, where he later became Professor Emeritus of Psychiatry and Behavioral

Sciences. He devoted his career to studying infant and child development, and paved the way for hospitals across the country to allow parents to visit their premature and fragile newborns in neonatology

intensive care units. Dr. Leiderman published more than

100 peer-reviewed journal papers and served on the editorial boards of the Journal of Psychiatry Research

Nancy R. Lowitt, MD, EdM, FACP, passed away on May 18, 2020 at the age of 64. Dr. Lowitt received her medical degree from George Washington University School of Medicine, and completed her internal

medicine residency at Harvard Medical School and the

Berkovec.

care and for consistently exhibiting the core values of the program.

fellow house officers as voted by all the residents.

and the Monographs of Society for Research in Child Development. Dr. Leiderman was preceded in death by his wife of 67 years, Dr. Gloria Leiderman, and his daughter, Andrea Leiderman. He is survived by his daughter, Erica L. Rex, and son, Joshua Leiderman, MD, as well as his sister, Lois Leiderman Davitz; son-inlaw, Virgil A. Frizzell; and granddaughters Sarah Bilodeau and Abigail Frizzell.

School, and completed his advanced training in 1991. He then joined the UMass Memorial Medical School and Hospital in 1991, serving as the Clinical Chief of Gastroenterology until 2004 and then the Chief of the Division of Gastroenterology for the remainder of his tenure. Dr. Nompleggi is survived by his wife, Ann E. Brown, and two daughters, Victoria "Tori" and Elizabeth "Libby." Hugo Ramon Rosen, MD, passed away on December 28, 2021. His career began at New England Deaconess Hospital where he was a resident from 1989-1992 before becoming a fellow in the Division of Gastroenterology. A prolific researcher, passionate educator, and dedicated mentor, Dr. Rosen authored more than 200 peer-reviewed manuscripts investigating the cellular and molecular processes of liver disease. He was the principal investigator of multiple grants funded by the National Institutes of Health, and was named Deputy Editor of the Journal of Hepatology. After 13 years as Division Chief of Hepatology and Gastroenterology at the University of Colorado School of Medicine, Dr. Rosen was recruited to the Keck School of Medicine at the University of Southern California to serve as the Chairman of the Department of Medicine. Within two years, he recruited over 135 faculty members. Dr. Rosen is survived by his sisters Myra and Daisy, his children Rachel, Nicholas, and Leah, and his devoted wife, Bonnie. **Residency Program Leadership Program Director** C. Christopher Smith, MD (1999, CMR 2000)

Primary Care Program Director

Education Manager

Ruth Colman, C-TAGME

Eileen Reynolds, MD

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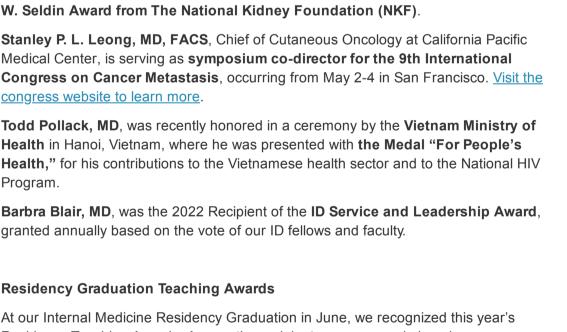
Vice Chair for Education

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Kelly Graham, MD, MPH (2010, CMR 2011)

Associate Program Director Aaarti Asnani, MD Neal Biddick, MD Virginia Brady, MD Leo Celi, MD Jonathan Crocker, MD Jason Freed, MD (2014, CMR 2016) Ken Mukamal, MD, MPH Daniel Ricotta, MD (2014, CMR 2016) Lisa Samelson, PhD Lika Targan, MD (2016, CMR 2018) Julius Yang, MD, PhD (2000, CMR 2001)

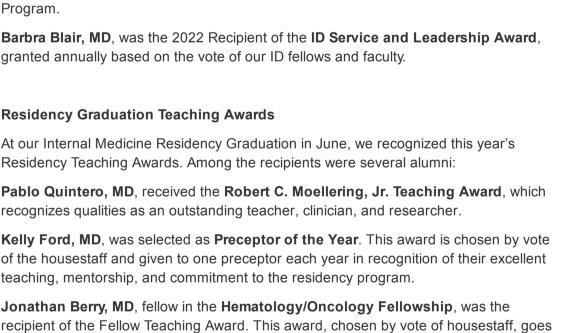


Black chief resident at the New England Deaconess William A. A. Foster, MD, Hospital. Dr. Foster is known for his efforts in assisting CD numerous Jamaicans in receiving cardiac surgery abroad, free of cost, for over 20 years. By the end of 1991, Dr. Foster had helped 37 patients to get cardiac surgery abroad, and by the end of his career, it is estimated he helped 650 patients receive cardiac procedures.

EdM, FACP then New England Deaconess Hospital, where she met Mark H. Lowitt, MD, an intern and resident whom she later married. She was an accomplished educator and nationally recognized expert on medical education and faculty development. She served as program director of the General Internal Residency Program at the Johns Hopkins Bayview Medical Center. While at the University of Maryland School of Medicine, she was the Associate Dean of Graduate and Continuing Medical Education, and was promoted to Senior Associate Dean for Faculty Affairs and Professional Development, a position she held until her death. Dr. Lowitt is survived by her loving husband, Dr. Mark Lowitt, and their three children. Mark Lowitt asked that we share his email (mhlowitt@gmail.com) as well as a link to a beautiful video tribute for Nancy from the University of Maryland Dominic J. Nompleggi, School of Medicine. MD, PhD Dominic J. Nompleggi, MD, PhD, died on August 27, 2021. Dr. Nompleggi attended Georgetown University, where he earned his BA, MS, PhD, and MD degrees. After completing his medical education, he came to New England Deaconess Hospital for his residency (1982 to 1985) and was Chief Medical Resident from 1985 to 1986. Dr. Nompleggi then completed his clinical and research fellowship in Nutrition and Gastroenterology at the Brigham and Women's Hospital/Harvard Medical

Associate Vice Chair for Medical Education C. Christopher Smith, MD (1999, CMR 2000) Support the Program





Siamak A. Adibi, MD

Edwin E. Gordon, MD

P. Herbert Leiderman, MD

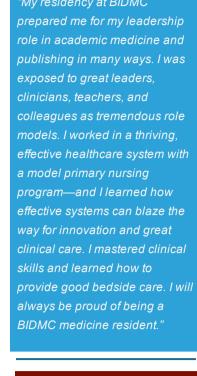
Nancy R. Lowitt, MD,

Edwin E. Gordon, MD, died on January 4, 2022, in Bethesda, MD. He was a PGY2 and Chief Resident at Beth Israel Hospital from 1956 to 1957, and after pursued a career in academic medicine, first at Albert Einstein College of Medicine and then at NYU School of Medicine. He then spent 18 years as Associate Director

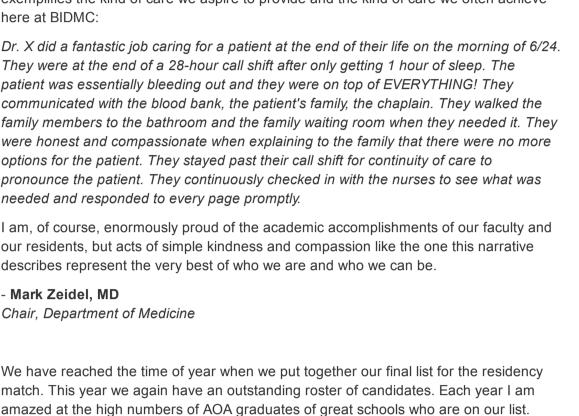
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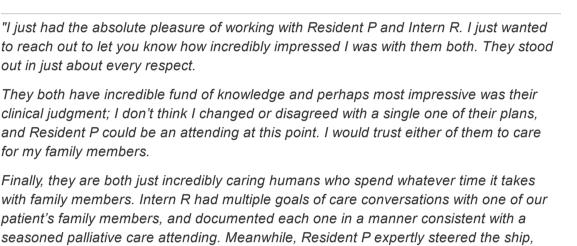












There are multiples of great people here at BI that we have come in contact with during these weeks. Dr. S is a standout." **Introducing The Klarman Building at BIDMC**

The Klarman Building is the first new building at BIDMC in 20 years and will further our clinical missions and support for the patient populations of Greater Boston. Named for longtime BIDMC supporters Beth and Seth Klarman and located on West Campus, the building includes 158 single-bedded, family-friendly patient rooms; leading-edge surgical and cardiovascular procedure spaces; a medical helicopter landing pad; and a rooftop healing garden. In addition to this green space, our entire BIDMC family will find inviting and open spaces and conference rooms throughout the building that are conducive to

To get to know the building further, click here to watch a new video that provides an overview on the Klarman Building with accounts from leadership, faculty, staff, and donors. It includes many individuals from the Department of Medicine including Leonor Fernandez, MD, Molly Hayes, MD, Julius Yang, MD, Peter Zimmetbaum, MD, Virginia

For additional information, click here to read a press release and here to visit the

In April, BIDMC will be opening our new inpatient building, The Klarman Building, which will provide a sophisticated, modern and state-of-the-art environment for both patients and caregivers.

Brady, MD, Daniele Olveczky, MD, and Dhruv Kazi, MD.

see, our residents will be completing their fellowships at the top

learning, innovation, and healing.

another very successful match year.

Director, Internal Medicine Residency Program

Chair, Department of Medicine

- Mark Zeidel, MD

- Chris Smith, MD

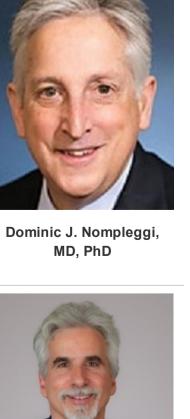
- Ginny Brady, MD

BIDMC.org webpage.

initiatives. In addition to the residency feature, there are 10 more articles highlighting various endeavors here at BIDMC. Please click here to access the digital interactive PDF. This and past reports are available via our Annual Report webpage here. If you are interested in receiving a hard copy of the Report, please reach out as our Department's communications team has limited copies available. We hope you enjoy reading!

CardioNerds Scholarship, to support her project, "Devices in a Dash: A Mechanical Wendy Stead, MD, was recognized by the Infectious Diseases Society of America as the Featured Educator of the Month Award October 2022. Melanie Hoenig, MD, has been named the 2023 winner of the prestigious Donald W. Seldin Award from The National Kidney Foundation (NKF). Stanley P. L. Leong, MD, FACS, Chief of Cutaneous Oncology at California Pacific Medical Center, is serving as symposium co-director for the 9th International Congress on Cancer Metastasis, occurring from May 2-4 in San Francisco. Visit the Todd Pollack, MD, was recently honored in a ceremony by the Vietnam Ministry of Health in Hanoi, Vietnam, where he was presented with the Medal "For People's Health," for his contributions to the Vietnamese health sector and to the National HIV

Joan, he is survived by three children, Elise, Camron, and Jennifer; three grandchildren, three nieces, and a nephew. William A. A. Foster, MD, CD, passed away on September 11, 2021. Dr. Foster was a cardiologist known for his many philanthropic deeds, a former Deaconess Hospital PGY3, 1970, CMR 1971, and



Hugo Ramon Rosen, MD

emma

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