OVER-THE-COUNTER MEDICATION CARD

Aches and Pains

Cough/Sore Throat

Cold/Flu/Congestion/Allergy

Heartburn

Diarrhea/Constipation

**Always alert your coordinator if you have changes in your bowel movements lasting more than 24 hours and DO NOT take any over the counter medications for diarrhea or constipation without your doctor’s approval.

Only brand name products are pictured. Store brand or generic formulations are available and may look differently than shown. If you ever have any questions regarding the safety of over the counter medications please speak with your pharmacist or transplant coordinator.
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**May use TUMS, MYLANA, and MAALOX two (2) hours before or four (4) hours after transplant medications, but DO NOT take at the same time.

**May use PHILLIPS two (2) hours before or four (4) hours after transplant medications, but DO NOT take at the same time. May use IMODIUM with approval from your transplant coordinator.

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