



Transplant Medication Information

Patient Name/MRN: _____ Main Number: (617) 632-9700

Transplant Coordinator: _____ Phone Number: _____

Pharmacy Phone Number: _____ VNA Phone Number: _____

Patients and caregivers should wash hands thoroughly before and after handling medications

Medications	Sample	Action	Instructions	Other Important Information
Tacrolimus (Prograf)	 0.5 mg  1 mg  5 mg Images are of Accord generic	Prevents rejection; suppresses immune system	<p>Do Not Take on the morning of your lab draw, until <u>after your blood is drawn</u>.</p> <p>Taken every 12 hours</p> <p>Take consistently with or without food.</p>	<p>*** Forever Medication***</p> <p><u>Common side effects</u></p> <ul style="list-style-type: none"> - Headache - Shakiness - Tingling in hands and feet - Hair loss - High potassium
Mycophenolate Mofetil (Cellcept) OR Mycophenolic Acid DR (Myfortic)	 500mg Image is of Roxanne generic OR  360mg Image is of Mylan generic	Prevents rejection; suppresses immune system	<p>Take consistently with or without food</p> <p>Typically taken every 12 hours</p>	<p>*** Forever Medication*** (For kidney and/or pancreas transplant patients)</p> <p><u>Common side effects</u></p> <ul style="list-style-type: none"> - Nausea - Vomiting - Diarrhea - Heart burn <p>Notify your transplant coordinator if you have more than 4-6 loose stools per day</p>
Prednisone	 5mg Generic version may look different	Prevents rejection; suppresses immune system	<p>Take with food</p> <p>Taken once a day in the morning</p> <p>Follow taper if provided</p>	<p><u>Common side effects</u></p> <ul style="list-style-type: none"> - Increased appetite - Elevated blood sugar - Mood changes

Medications	Sample	Action	Instructions	Other Important Information
Valganciclovir (Valcyte)	 450 mg Image is of Brand Name Valcyte	Prevents viral infections	Dosing varies based on kidney function	- Will be taken for 3-6 months Stop Date: _____
Sulfamethoxazole/ Trimethoprim (Bactrim SS or SMZ/TMP)	 1 tablet Generic version may look different	Prevents infection in lung and urine	Taken once a day	- Will be taken for 1 year in most patients
Nystatin solution or Fluconazole (Diflucan)	 5mL or  200mg Generic version may look different	Prevents fungus infection in your mouth and throat	No food or drink for 20 minutes after Nystatin dose Nystatin is taken 4 times a day Fluconazole is taken once a day	- Nystatin – kidney and/or pancreas transplant patients - 4 weeks - Fluconazole – Liver transplant – 2 months - Interacts with tacrolimus, missed doses will lead to low tacrolimus levels and rejection - Instructions will be provided on necessary tacrolimus dose change when discontinued
Famotidine (Pepcid) or Ranitidine (Zantac)	 20 mg or  150 mg Generic version may look different	Prevents stomach ulcers	Taken once or twice a day	- Will be taken for 8 weeks after your transplant in patients not taking Protonix or Prilosec (see below)
Pantoprazole (Protonix) or Omeprazole (Prilosec)	 40 mg  20 mg Generic version may look different	Prevents stomach ulcers	Taken once or twice a day	- Will be continued if on this medication (or similar medication) before transplant
Sodium polystyrene sulfate (Kayexalate)		Decreases potassium	Take only when directed by your coordinator	- May cause diarrhea
Oxycodone Or Hydromorphone (Dilaudid)		Pain medication		- Take only as needed for pain
Docusate sodium (DOC-Q-LACE) and/or Senna (Senokot)		Stool Softener	Do not take if you have diarrhea	- May not be necessary if not taking pain medication above