### INPATIENT CLINICAL PATHWAY

**PANCREAS TRANSPLANT RECIPIENT**

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**BIDMC "Trigger" Criteria**

- **VS per PACU protocol** (see trigger criteria for VS
  - **>50k</2.0**
  - **2-9830**
  - **>150**
  - **Same as prior day**

**Tests**

- **Electrolyte panel <2.0**
- **Blood glucose >100**
- **Urine Output <50cc in 4 hours**
- **Systolic Blood Pressure < 90**
- **Heart Rate <40 or >130**
- **Fingerstick glucose q1h (call MD if>150)**

**Fluid Balance**

- **D5 1/2NS @50 cc/hr AND 1/2NS @10 cc/hr AND/or D5 1/2NS @75-150 cc/h OR D5 1/2NS @ 75-100 cc/hr AND/OR D5 1/2NS @ 100-150 cc/hr OR D5 1/2NS @ 150-200 cc/hr**

**Medications**

- **Levofloxacin 500mg IV q 12h**
- **Valganciclovir 900mg PO daily adjust D/C with attending**
- **Mycophenolate Mofetil 1000mg q12h**
- **Prednisone 40mg PO**
- **Cyclosporine A 300mg IV**
- **Prochlorperazine 5-10 mg IV q6-8h PRN**
- **D/C Steroid or resume preop**
- **Docusate sodium 100mg NG/PO BID**
- **D/C Ampicillin Sulbactam**
- **D/C TPN**
- **Restart home meds per NG as indicated**
- **Out of bed to chair 4X day**

**Fluids and Electrolytes**

- **Body weight before dialysis**
- **Foley catheter- record output q1h**
- **Urine output <50cc in 4 hours**
- **Blood pressure and heart rate q1h**
- **Fingerstick glucose q1h (call MD if>150)**

**Laboratory Values**

- **CBC, Chem 7, Mg, Ca, Phos, Creatinine, and pump**
- **Fingerstick glucose q1h (call MD if>150)**

**Social Work Intervention**

- **Transplant psychologist conducts com**
- **Social worker provides counseling for discharge**
- **Counseling about diet and return to work**

**Nutritional Interventions**

- **Normal diet**
- **Low sodium diet**
- **Low potassium diet**
- **Low phosphate diet**

**Physical Activity**

- **Ambulate 3X day (more often as tolerated)**
- **Out of bed to chair 4X day**
- **Walk 1000 steps/day**

**Medication Teaching**

- **Transplant medication teaching by transplant nurse**
- **Self medication and transplant care**

**Dialysis**

- **Outpatient dialysis arranged (if approp)**
- **Set up clinic appointment in 1 week**
- **Arrange for immunosuppression drug levels**
- **Submit pre-transplant medication**

**Contact**

- **Contact BIDMC Transplant Institute at www.bidmc.org/transplantcare for further information**

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