

WIC Instructions for Families

1. Obtain WIC form and BIDMC NICU letter from your nurse.
2. Make sure the WIC form and the BIDMC NICU letter are filled out and signed.
3. Make an appointment to be seen at your local WIC office, at least 1-2 weeks before your baby is ready to go home.
4. Take the WIC form and the BIDMC NICU letter to that appointment. You will not receive any vouchers at that time, but your baby will be placed into the WIC system.
5. Make another WIC appointment when the D/C date is known. This appointment should occur when the baby has been discharged from the hospital. You do NOT need to bring the baby to that appointment but you will need to bring paperwork to verify that the baby has been discharged. You should receive vouchers at that time.
6. You WILL need to bring the baby to a later WIC appointment for a weight check.