

## PROTECTING YOUR BABY FROM INFECTION

Your baby's immune system is still quite immature. This makes him/her especially vulnerable to colds and other communicable diseases. To protect your baby from infections we advise that you:

- ◆ Encourage anyone who comes into close contact with your baby to wash their hands
- ◆ Avoid taking your baby to crowded indoor places
- ◆ Avoid contact with anyone who has a cold, flu, or other active infection
- ◆ Do not allow anyone to smoke around your baby

## WHEN TO CALL YOUR BABY'S DOCTOR

ANY sudden change in baby's usual patterns of behavior:

- ◆ Increased sleepiness
- ◆ Increased irritability
- ◆ Feeding poorly

ANY of the following:

- ◆ Breathing difficulties
- ◆ Blueness around the lips, mouth, or eyes
- ◆ Fever (by rectal temperature) over 100 degrees or 99.6 degrees under the arm or low temperature under 97 degrees (rectal)
- ◆ Vomiting or diarrhea
- ◆ Dry diapers for more than 12 hours
- ◆ No bowel movement for more than 4 days
- ◆ Black or bright red color seen in stool

## THE IMPORTANCE OF FLU & PERTUSSIS VACCINES FOR FAMILIES & CAREGIVERS

**Influenza** immunization is recommended annually in the fall for **EVERYONE 6 months of age or older**. Updated pertussis immunization is recommended for adults having contact with infants.