



Beth Israel Deaconess
Medical Center

The Klarman Family Newborn Intensive Care Unit
Beth Israel Deaconess Medical Center
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BIDMC NICU Mentor Mom Program

Having a baby on the NICU can be both isolating and difficult. Sometimes, it can seem like friends in the community can't fully relate to the experiences had by a parent who has a baby on the NICU. In order to provide our families with support during their NICU stay and once they transition home, we have a NICU Mentor Mom program.

We have a group of dedicated volunteers who themselves were once moms here on the NICU. They have gone through an extensive training and now provide phone support to current NICU families both while they are on the NICU and as they prepare to and do go home with their babies.

Our volunteers are available to provide weekly phone support. Families have found it very helpful to speak with another parent who has gone through the NICU experience and can already understand the vocabulary and perspective of a NICU family. We want to do everything we can to support you as you prepare to make the transition home. It can be helpful to have another parent who has walked this path be there to listen and talk with you about your experiences.

If you think this is something that you would be interested in, please email or call Marge Day, LICSW and we can plan a time to talk either in person or over the phone about the program.

Marge Day, LICSW: 617-667-2718 ; mgday@bidmc.harvard.edu