

SOCIAL DISTANCING: DOS AND DON'TS



TRAVEL

PLAYDATES

PICK UP GAMES

PARTIES

VISITS

**BOSTON
PUBLIC
HEALTH
COMMISSION**



BPHC.ORG



GO TO GROCERY STORE

**PICK UP MEDICATION
AT A PHARMACY**

**FILL UP ON GAS
AT GAS STATION**

**PICK UP TAKEOUT
AT RESTAURANTS**



**GO FOR A
WALK/RUN/HIKE**

**CALL, EMAIL,
VIDEO CHAT**

READ A BOOK

**WATCH A MOVIE
OR SHOW**

CLEAN YOUR HOME

COOK A MEAL