

Ustekinumab (Stelara)

This medication is used to treat **CROHN'S DISEASE** and **ULCERATIVE COLITIS**

Included in a drug class called interleukin inhibitors

Works by reducing inflammation that leads to the symptoms of Crohn's / ulcerative colitis

DRUG ADMINISTRATION

- One-time dose with intravenous (IV) infusion, then subcutaneous injections (under the skin)
- Pre-filled syringes
- Dose and frequency as prescribed by your provider
- Store in refrigerator, protected from light

POSSIBLE SIDE EFFECTS INCLUDE, BUT ARE NOT LIMITED TO:

- Infusion or injection site reaction
- Rare risk of infection
- Rare risk of anti-drug antibody formation

These rare risks are outweighed by potential complications of untreated inflammatory bowel disease

ADDITIONAL TESTING AND MONITORING

Prior to starting this medication, your doctor may order:

- Blood counts and liver tests
- Test for tuberculosis (blood test or skin test and/or x-ray)
- Tests for inflammation (blood and/or stool test)
- Test for hepatitis B (blood test)
- Stool tests to rule out infection
- Abdominal imaging and/or colonoscopy

While on this medication, your doctor may order:

- Blood counts and liver tests regularly to ensure safety
- Repeat tests for inflammation and abdominal imaging and/or colonoscopy to assess your response to treatment

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OTHER IMPORTANT INFORMATION

- This medication is safe to use in pregnancy and breast feeding
- Make sure you are up to date on the following vaccinations: annual flu, Pneumovax, Prevnar-13, tetanus, hepatitis A and B, and Shingrix (>50)
- Avoid LIVE vaccines while on this medication
- Financial assistance may be available
- **This medication should be taken exactly as prescribed to properly treat the disease**
- **Please contact your provider if you notice any signs or symptoms of infection**
- **Do not stop or hold this medication without contacting your gastroenterologist**

