

Medications and Your Upcoming Procedure

with the Division of Gastroenterology,
Hepatology and Nutrition at BIDMC

Diabetes and Weight Loss Medications

If you take one of the following medications for weight loss or diabetes, you will need to stop it temporarily. Please consult the provider prescribing this medication prior to stopping if you have diabetes. If your provider informs you that you cannot stop this medication, you must call us at least one week prior to your procedure so that we can assist in developing a plan. If these medications are not held according to the guidelines below, your procedure may be cancelled for your safety.

The following weekly medications need to be stopped one week (7 days) prior to your procedure:

- Dulaglutide (Trulicity)
- Exenatide XR (Bydureon BCise)
- Semaglutide (Ozempic, Wegovy)
- Semaglutide PO (Rybelsus)
- Tirzepatide (Mounjaro, Zepbound)

The following daily medications cannot be taken on the day of your procedure:

- Exenatide (Byetta)
- Liraglutide (Victoza, Saxenda)
- Lixisenatide (Adlyxin)

Medications and Your Upcoming Procedure

with the Division of Gastroenterology,
Hepatology and Nutrition at BIDMC

Blood Thinners (anticoagulants) and anti-platelet medications.

If you take one of these medications, a plan is needed before your endoscopic procedure. In certain cases, you may need to stop taking it temporarily. Please do not stop these medications without discussing with our team. We will work with the provider who manages your blood thinner to create a plan for you. If you do not hear from us one week prior to your procedure, please give us a call.

Examples of blood thinners include warfarin (Coumadin), clopidogrel (Plavix), dabigatran (Pradaxa), rivaroxaban (Xarelto), apixaban (Eliquis), and ticagrelor (Brilinta). Aspirin does not need to be held prior to your procedure.

Call with Questions

If you have any questions, please give us a call at **617-754-8888**. Do not stop your blood thinner or diabetes medication without guidance from the healthcare provider who prescribes these medications.