



Beth Israel Deaconess
Medical Center

HARVARD MEDICAL SCHOOL
TEACHING HOSPITAL

CHENG-TSUI INTEGRATED HEALTH CENTER

The Science and Art of Healing

The Cheng-Tsui Center for Integrative Care Welcomes Tai Chi Instructor **Jamee Culbertson**



Jamee is an Internationally Certified Alexander Technique Instructor and teacher trainer currently at the Boston Conservatory at Berklee Alexander Technique teacher training course. She is faculty member at the 'Alexander Technique Center at Cambridge'.

Jamee served as Chair on the Board of Alexander Technique International, (ATI), and various committees for twelve years. Jamee is a Senior Instructor in the Universal Healing Tao System founded by Master Mantak Chia. She is also a teacher trainer certifying new instructors. She is a Senior Instructor and Media Producer for the Boston Healing Tao School of Taoist Practices in Somerville, MA, USA. Her studies and classes include Tai Chi, qigong and meditation techniques.

Jamee is also a Video Artist and Award winning Documentary Filmmaker. She produced the film "How it All Began, Origins of the Universal Tao System" and is enjoying the distribution release into the marketplace as of June 2014.

Jamee is First Aid CPR AED Certified with the American Heart Association. She is part of a team of the Boston Healing Tao Instructors involved with the Harvard University Tai Chi Study for Cardiac Rehab 2015-16 and on-going studies. She's taught Tai Chi classes in partnership with the Boston Red Sox and Mass General Hospital to help post-9/11 service members and she's brought the Alexander Technique to help women at Rosie's Place Women's Shelter in Boston.

Jamee teaches classes and workshops worldwide and has a private practice near Boston, MA, USA.

Visit our website for more details: bidmc.org/integrativecare