

Community Connections

Beth Israel Lahey Health
Beth Israel Deaconess
Medical Center

August 2024

Cape Verde (Cabo Verde)
Chinese Simplified (简体中文)
Chinese Traditional (繁體中文)

Haitian Creole (Kreyòl Ayisyen)
Portuguese (Português)

Russian (русский)
Spanish (Español)
Vietnamese (Tiếng Việt)



BILH Find Help Now Available

BILH Find Help is a new resource that helps people connect to free or low-cost services near you to pay your bills, rent, buy food and more.

For our existing partners at community-based organizations, we recommend you follow the steps to claim your site on Find Help so that BIDMC patients and community members can find the most accurate and updated information about your organization. To do that, Find Help provides resources to access your listing [here](#).

Access Find Help

2025 Community Health Needs Assessment

Help us improve the health of our community! Across Beth Israel Lahey Health (BILH) hospitals, our 2025 Community Health Needs Assessment (CHNA) will identify and prioritize local health and social needs. With your help, the CHNA will guide BILH's community health strategy for the next three years.

BIDMC is collaborating closely with the [Boston Community Health Collaborative](#) and the [North Suffolk Integrated Community Health Needs Assessment](#). Stay tuned for the Boston and Chelsea surveys in the fall.

If you live outside of Boston and Chelsea, share your voice and take the BILH survey by November 1 for a chance to win a \$100 Visa gift card!

See the roadmap (pictured right, click to enlarge) to see an overview of the CHNA process - there will be more opportunities to make your voice heard!

- View our [2022 Community Health Needs Assessment](#)
- View our [Community Benefits Strategy](#) for Fiscal Year 2023-2025



Take the Survey

Free Mental Health First Aid Trainings!

Learn how to support your friends, family, co-workers and neighbors by taking Mental Health First Aid (MHFA) training. The trainings are open to anyone and free of

Mental Health First Aid (MHFA) Training



Learn how to support your friends, family, and neighbors by taking Mental Health First Aid (MHFA) training. The trainings are open to anyone and free of charge!

This program will teach you how to recognize, understand, and respond to signs of mental health and substance use challenges in adults. You will gain the skills and confidence needed to offer initial support to those in need and help connect them to appropriate resources.

By the end of the course, you will be able to identify common signs and symptoms of mental health and substance use challenges, interact effectively with someone in crisis, assist in connecting them with help, and utilize self-care tools and techniques.

BILH is pleased to offer this course in collaboration with the following organizations/trainers:

- Stephanie Sunderland, Wayside Youth and Family Support Network
- Maria del Mar Vazquez, PhD

Several dates are available at multiple locations. Refreshments will be provided at all sessions.

Scan the QR Code or register here: <http://tiny.cc/bilh-mhfa>.

7.25 Nursing Contact Hours will be awarded for BILH registered nurses (provided for attendance of entire program, not for individual sessions).

Lahey Hospital & Medical Center is approved as a provider of nursing continuing professional development by the American Nurses Association/ Massachusetts, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



charge!

This program will teach you how to recognize, understand, and respond to signs of mental health and substance use challenges in adults. You will gain the skills and confidence needed to offer initial support in both non-crisis and crisis situations to those in need and help connect them to appropriate resources.

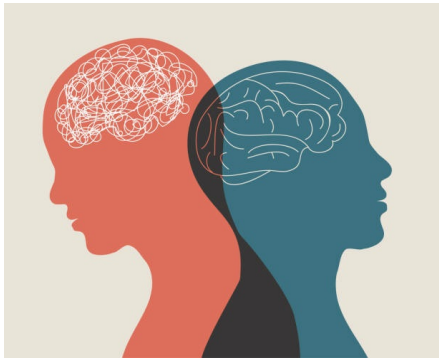
If you are a BILH registered nurse, this training is eligible for 7.25 Contact Hours. Lunch and refreshment will be provided.

Several trainings are being held in the Boston area in August and September - click the registration link for details.

Register for a Training Near You!

BILH Awards \$1.2M in Behavioral Health Navigation Grants

Based upon its 2022 Community Health Needs Assessment (CHNA) process, BILH identified community behavioral health access as the system priority across its Community Benefits Service Area (CBSA). In the spring of 2023, BILH undertook a process to identify opportunities to collaboratively work with community partners to address barriers faced by community residents when accessing behavioral health (mental health and substance use) care and services.



In the spring of 2024, BILH conducted a competitive Request for Proposals (RFP) process for community organizations to create and implement a community-based Behavioral Health Navigator program in the Massachusetts Gateway Municipalities of Haverhill, Lynn, Peabody and Quincy. Selected Grantees (one in each community) would receive \$300,000 between 2024 and 2027.

In June 2024, a BILH Review Committee reviewed proposals and awarded grants to the following organizations:

- Haverhill: [Eliot Community Human Services](#)
- Lynn: [Greater Lynn Senior Services](#)
- Peabody: [City of Peabody Department of Health](#)
- Quincy: [Quincy Public Schools](#)

Over the next three years, each Grantee will hire, train and support a community-based Behavioral Health Navigator who will identify, understand and effectively connect community residents from at least one of the BILH priority cohorts to appropriate support and assistance, as well as conduct educational activities with the broader community to increase knowledge and awareness of available mental health and substance use services and supports. Grantees will also be encouraged to participate in a no-cost training on how to help individuals navigate digital options for mental health and well-being, provided by BILH experts.

Community Events

Join The Dimock Center's 10th Annual Road to Wellness 5K Run/2-Mile Walk

Join Team BILH at The Dimock Center's 10th Annual Road to Wellness 5K Run/2-Mile Walk on **Saturday, September 7, 2024!** This free community event is a



collaboration between BILH's long-standing community health center affiliate, The Dimock Center and partners to promote wellness through physical activity for all members in the community, regardless of their current fitness level.

Community members are invited to join our team by registering [here](#).

Join Us for BIDMC's Annual Public Meeting!

All are welcome to attend this meeting! Light refreshments will be served.

Date: Tuesday, September 24, 2024

Time: 5:00 - 6:30 pm

Location: Klarman Building, 11th Floor, 111 Francis St, Boston, MA 02215

RSVP [here](#) by September 17



How to access BIDMC's Financial Assistance Policy:

- Visit: <https://www.bidmc.org/patient-and-visitor-information/patient-information/your-hospital-bill/financial-assistance>
- Call: 617-667-5661
- Office: BIDMC East Campus, Rabb 111, 330 Brookline Ave. Boston, MA 02215

Plain Language Summaries

[Financial Assistance Policy Plain Language Summary \(PDF\)](#)

[Resumen en lenguaje sencillo de la política de asistencia financiera \(PDF\)](#)

[Simplified Chinese \(PDF\)](#)

[Traditional Chinese \(PDF\)](#)

[Краткий обзор политики финансовой помощи \(PDF\)](#)

[Resumo da Linguagem Simples da Política de Assistência Financeira \(PDF\)](#)

[Chính sách Hỗ trợ Tài chính Tóm tắt ngôn ngữ đơn giản \(PDF\)](#)

[Résumé en langage simple de la politique d'aide financière \(PDF\)](#)

[Rezime nan langaj klè Politik Ed Finansyè \(PDF\)](#)

[Hindi \(PDF\)](#)

[Riepilogo semplificato della policy di assistenza finanziaria \(PDF\)](#)

[Japanese \(PDF\)](#)

[Rezumi di Pulitika di Asistènsia Finansêru na Linguagem Simplis \(PDF\)](#)

[ملخص بلغة مبسطة لسياسة المساعدة المالية \(PDF\)](#)

Stay in Touch

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