

# BIDMC Department of Radiology

## Bone/Soft Tissue Biopsy Discharge Information

**You have had a bone or soft tissue biopsy, which means a small piece of bone or soft tissue was removed to be examined in the lab. Please follow these instructions as you recover:**

- You should rest today. Do not return to work or school. If you have small children, try to arrange for someone to care for them today.
- Do not drive today. Have someone drive you home.
- Please do not lift anything that weighs more than 10 pounds for 3 days.
- You may remove the bandage where the procedure was done 24 hours after the procedure. Once the bandage is off, you may shower. Gently wash the area and gently pat dry with a towel. You do not need to put another bandage on.
- If you have pain at the site of your biopsy, you may take acetaminophen (Tylenol). Never take more than the recommended dose of acetaminophen, and make sure you are not taking more than one product with acetaminophen in it. For example, many cold medicines and prescription and non-prescription pain medicines contain acetaminophen. If your pain is not relieved with acetaminophen, let your doctor know.
- Talk to the doctor who did your procedure about **all** prescription and non-prescription medicines you take or may take, including pain relievers.
- If you were asked to stop any prescription or non-prescription medicine before your procedure, **be sure you understand when it should be started again**. This is especially important if you are taking prescription or non-prescription medicine for coronary stents, stroke or to prevent blood clots.

**For all emergencies, including fainting, dial 911. For any of the problems listed below, please call 617-632-8611 and ask for the “Interventional Radiology Consult, East,” pager #38012:**

- Pain at the biopsy site that is not relieved by acetaminophen, or pain that is getting worse instead of better
- Sudden increase in bruising, or bruising that is getting worse instead of better
- New bleeding, drainage or an opening at the biopsy site
- Increased redness or swelling at the biopsy site
- Fever (more than 100.4 degrees F) or shaking chills
- Any other questions or concerns

**Biopsy results will be available after 10-14 days. Please contact your doctor to get your results.**