

Good questions

Things to talk about with your doctor or nurse

This sheet is designed to help you think about questions you may want to ask your doctor or nurse before you go home. Some examples are given. Use the spaces to write your own questions.

My activity

- Are there things I shouldn't do for a while?
- What's okay to do right away?
- How will I know if I've done too much?

My medications

- What medicines will I be on at home?
- For each medicine, what dose should I take, and when should I take it?
- What side effects should I watch for?
- Should I continue to take all the medicine I was on before I came to the hospital? If so, are there any changes in how I should take these medicines?

My health condition

- How will I feel after I go home or after surgery?
- What have my medical tests or surgery shown?
- What signs and symptoms mean I should call for help?
- How will I know if I have a medical emergency? If it is an emergency, what should I do?

My diet

- Do I need to follow special instructions on what to eat or drink?

My follow-up appointments and care

- What doctor(s) should I see after I am discharged? How soon should I be seen?
- Have appointments been made for me, or do I need to make my appointments?
- Have home care services been arranged for me? What do I do if I have a problem with my home care services?