Beth Israel Deaconess Medical Center



WINTER 2023

Division of Urologic Surgery

Message from the Chief

The Division of Urologic Surgery is honored to celebrate our BIDMC nursing colleagues who have received Magnet Recognition. Fewer than 10% of hospitals nationwide receive Magnet status. Studies indicate that Magnet recognized hospitals consistently outperform national benchmarks for catheter associated urinary tract infection (CAUTI), hospital acquired pressure injury (HAPI), central line-associated blood stream infection (CLABSI) and falls. Furthermore, it is a testament to the dedication to excellence at BIDMC. Congratulations!



- ARIA F. OLUMI, MD



WHAT'S NEW IN PRACTICE





In January, we welcomed **Dr. Shaun** Wason to our Urology division. A graduate of University of Toronto and Howard College of Medicine, Dr. Wason completed his urology residency at Dartmouth-Hitchcock and endourology fellowship at Eastern Virginia Medical School. With more than ten years of clinical expertise, Dr. Wason has extensive experience in setting up new robotics programs and is facile in many aspects of cutting-edge urologic procedures like laser enucleation of prostate, Rezum, robotic simple prostatectomy, sacrocolpopexy and ultrasound guided PCNL access. Initially seeing patients at our Needham practice, Dr. Wason will eventually transition to growing our BID-Milton practice full time.



Led by **Dr. Peter Chang**, BIDMC
Urology continues to expand
experience in single-port robotic
surgery at BIDMC, now offering
single-port robotic partial
nephrectomy (intraperitoneal and
retroperitoneal), radical
prostatectomy, simple prostatectomy,
and adrenalectomy.



With the leadership of **Dr. Marissa Kent**, we are proud to have performed the first robotic peritoneal vaginoplasty at BIDMC. We now offer this form of gender reaffirming surgery to patients who are not candidates for a more traditional penile inversion vaginoplasty.



WHAT'S NEW IN EDUCATION

We are thrilled to welcome Benjamin Green and Eric Macdonald, both from the Albert Einstein College of Medicine, as our newest urology interns.

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BIDMC Urology Matched Applicants Congratulations & Welcome to our Family!



Benjamin Green Albert Einstein College of Medicine



Eric Macdonald
Albert Einstein College of Medicine

This spring, the New England Section of the American Urological Association will be hosting an educational training program for urology residents at the Center for Education, Simulation and Innovation (CESI) at Hartford Hospital in Connecticut. During this two-day program, 32 residents from New England will rotate through various stations to gain hands-on experience in a wide range of urological procedures. Included in this two-day event will be stations led by BIDMC Urology faculty members **Drs. Marissa Kent**, **Rus Korets** and **Shaun**

Wason who will serve as lead faculty for Urologic Emergencies and Trauma, Urologic Ultrasound and BPH, respectively.

WHAT'S NEW IN RESEARCH

Each year the Department of Urology offers grants for faculty called BUFFER (BIDMC Urology Funds For Education & Research). The Division of Urologic Surgery is happy to announce support of two projects led by BIDMC Urology Faculty: Using Temperament Training to Improve Wellbeing and Team Dynamics at a Busy Academic Urology Practice led by **Drs. Heidi Rayala** and **Marissa Kent** and Point-of-Care Ultrasound Curriculum in Urologic Residency Training led by **Dr. Rus Korets**.

These two innovative projects by Drs. Rayala, Kent and Korets will bring new and dynamic programs which will enhance the well-being and educational curriculum for our trainees and faculty. We are proud of our faculty's engagement in this program and grateful to the external reviewers who took time to review, score and provide feedback for our applications.



Dr. Heidi Rayala



Dr. Marissa Kent







Dr. Rus Korets

Publication Highlight

Dr. Heidi Rayala led a study that was published in <u>Preventive Medicine</u> which evaluated disparity in care at one of the largest safety-net health systems in Massachusetts. The investigators found that Hispanics had the highest screening rates at 78% followed by African Americans at 74%. White patients had a significantly lower odds of screening (67%) which was in part explained by a higher incidence of severe mental health diagnosis and substance use disorder in the white patents of this health safety-net population. The study suggests that providing equal access to cancer screening can uncover more nuanced disparities underlying a patent's propensity to screen for cancer.

HONORS AND AWARDS



Carol Daugherty, NP, has been named as the lead APP for the Urology division. Carol joined our team in 2015 and has been a certified urology nurse practitioner since 2010. In this newly created position, Carol will serve in a leadership role within our APP and RN teams. Carol will help to spearhead competency training and education within the group. One of

her first initiatives as lead APP will be attending the 2023 Advanced Urologic Conference for APPs in Philadelphia, PA.

Faculty member **Dr. Yana Barbalat** was interviewed by *Women's Health* magazine for her expertise in the area of urinary tract infections. Dr. Barbalat discussed prevention, treatment and common misconceptions surrounding urinary tract infections in women.

Women's Health

We are proud to report that seven faculty members have received the "Top Doc" designation by *Boston Magazine*. **Drs. Peter Chang, Stephen Eyre,** Ruslan Korets, Aria Olumi, Heidi Rayala, Drew Wagner and Shaun Wason were all awarded the "Top Doctor" designation for 2023.



Peter Chang, MD



Stephen Eyre, MD





Ruslan Korets, MD



Aria Olumi, MD



Heidi Rayala, MD



Andrew Wagner, MD



Shaun Wason, MD

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We have several open faculty positions, including two at BIDMC. To learn more please visit the Harvard Medical Faculty Physician website at:



READ PRIOR NEWSLETTERS

Philanthropic support is vital for our efforts to advance urologic research, training, and patient care — please visit <u>BIDMC Urology Giving</u> and consider making a gift to the Urology Cares Fund. Thank you for your support!

RECENT PUBLICATIONS

July 1, 2022 to December 31, 2022

- Disparities in the prevalence and management of high-risk non-muscle invasive bladder cancer.
 Estevez A, Kaul S, Fleishman A, Korets R, Chang P, Wagner A, Bellmunt J, Olumi AF, Rayala H, Gershman B. Urol Oncol. 2022 Nov 28:S1078-1439(22)00444-6. doi: 10.1016/j.urolonc.2022.11.005. Online ahead of print. PMID: 36456453
- Immediate radiotherapy versus observation in patients with node-positive prostate cancer after radical prostatectomy.
 Schaufler C, Kaul S, Fleishman A, Korets R, Chang P, Wagner A, Kim S, Bellmunt J, Kaplan I, Olumi AF, Gershman B. Prostate Cancer Prostatic Dis. 2022 Nov 25. doi: 10.1038/s41391-022-00619-1. Online ahead of print. PMID: 36434164
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- Analysis of Complications After Robot-Assisted Radical Cystectomy
 Between 2002-2021. Houenstein HA, Jing Z, Elsayed AS, Ramahi YO,
 Stöckle M, Wijburg C, Hosseini A, Wiklund P, Kim E, Kaouk J, Dasgupta P, Khan MS, Wagner AA, Syed JR, Peabody JO, Badani K, Richstone L, Mottrie A, Maatman TJ, Balbay D, Redorta JP, Rha KH, Gaboardi F, Rouprêt M, Aboumohamed A, Hussein AA, Guru KA. Urology. 2023
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