

Your Guide to a Healthy Gut

News from the Celiac Center

Summer 2022

Upcoming Events



From the Experts: Join Our Virtual Monthly Meeting on "All Things Celiac"

Hosted by the Harvard Medical School Celiac Research Program and the National Celiac Association

Advancing Celiac Research Through Patient Participation and Industry Partnership

Join the Harvard Medical School Celiac Research Program and the National Celiac Association for the first webinar in our Fall 2022 "Ask the Experts" series. Speakers will present on selected topics for 60 minutes, followed by 15 minutes for Q&A, on **Wednesday, September 14, 2022, from 1 - 2:15 pm ET.**

Patients, clinicians, scientists and industry partners all contribute to the research effort to find treatment alternatives to the gluten-free diet. Speakers will present the latest research and talk about the importance of patient participation in clinical trials. **Daniel Leffler, MD, MS, AGAF**, gastroenterologist at Beth Israel Deaconess Medical Center and senior medical director at Takeda Pharmaceuticals, will join **Francisco Leon, MD, PhD**, chief scientific officer and co-founder of Provention Bio, to present a research update on emerging technologies to diagnose and monitor celiac disease and alternative treatments in their experimental stages. **Jocelyn Silvester, MD, PhD**, pediatric gastroenterologist at Boston Children's Hospital, will talk about the use of gluten in clinical trials.

Lee Graham, executive director of the National Celiac Association, will introduce the webinar, which will be moderated by **Alessio Fasano, MD**, pediatric gastroenterologist and director of the Center for Celiac Research and Treatment at Mass General for Children. A Q&A session will follow the presentations; please submit general questions below or during the webinar on the Zoom platform.

Please note: This is an educational webinar, and no information is intended for diagnosis or treatment of any medical condition. Please seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical condition.

Continuing Education Units (CEUs): This course (220323-RSS) is approved by the Boston Children's Hospital's Continuing Education Department for 1.25 AMA PRA Category 1 Credits™ for physicians, 1.25 contact hours for nurses, 1.25 ACE CE continuing education credits for social workers, and 1.25 CEUs for Registered Dietitians. Instructions for claiming credits will be made available during the webinar and transcripts will be available within 30 days.

[Click here to register](#)

[Click here for a library of past "All Things Celiac" Webinars](#)

Stay tuned for our November 2022 webinar!

Virtual Gluten-Free Education Group Classes

Are you newly diagnosed with celiac disease? Do you need a refresher? Our Celiac Center is now offering virtual group classes, led by celiac dietitian **Melinda Dennis, MS, RD, LDN**, which include PowerPoint presentations followed by a group discussion on nutrition-related topics, such as label reading, dining, and travel. Classes are offered monthly to registered patients of the Celiac Center at BIDMC and we hope you will join us!

[Read the flyer here](#) to learn more and check with us about upcoming classes.

Research Corner

Interested in Research?

You can help move knowledge about celiac disease forward by participating in research studies. Your physician can help you determine whether participating in a clinical trial is appropriate for you. If you are interested in research taking place at the Celiac Center, please email us at celiac@bidmc.harvard.edu or call **617-667-3419**.



Some of our **current enrolling clinical research studies** include:

- Solutions for Celiac Study:** A [research study](#) for people with persistent symptoms despite following a gluten-free diet. [Click here to learn more.](#)
- CD-PREG:** The CD-PREG study aims to understand and determine the frequency of celiac-related symptoms and the impact on the quality of life in patients living with celiac disease during their pregnancy and the postpartum period. [Click here to learn more.](#)
- The Milk Study:** Researchers at BIDMC are conducting a research study to learn about ways to prevent the absorption of gluten in the digestive tract. This study may be a good fit for you if you are healthy, following a gluten-free diet for at least 3 months, and agree to have 1g of a gluten powder twice during the study, with either bovine (cow) colostrum or a placebo (milk powder). Email us at celiac@bidmc.harvard.edu for more information.

News & Updated Resources

Partha S. Sinha, MD, PhD

We graciously welcome BIDMC's Program Director of the [Endocrinology, Diabetes & Metabolism Fellowship](#), and Instructor of Medicine, Harvard Medical School, **Partha S. Sinha, MD, PhD**, to our Celiac Center team. Dr. Sinha provides expert treatment and care for patients with thyroid, diabetic, and metabolic-related conditions and has an interest in celiac disease. He sees patients at both the main BIDMC campus and at Beth Israel Deaconess HealthCare in Chelsea. Welcome, Dr. Sinha!

COVID-19 Vaccination Survey

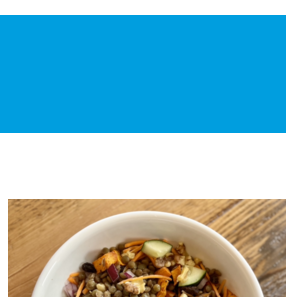
McMaster University in Ontario, Canada, has published a survey to assess the side effects of COVID-19 vaccines for those with celiac disease compared to people without celiac disease. The Celiac Center at BIDMC is partnering with them to get the word out. Whether you have celiac disease or not, they need your help in completing this short survey, accessible through the link below. Please distribute the link to the survey within your family members and friends. McMaster thanks you for your contribution to research and hopes to have results for the gluten-free community soon.

[Click here to take the survey](#)

Have you seen our celiacnow.org page recently?

We've added [Healthy Snacking the Gluten-Free Way](#). Please take a look!

Recipes



Aromatic, warming spices and a nutrient-packed lentil salad dish usher us into the fall – in this edition we're featuring

[Moroccan Inspired Lentil and Squash Salad](#)

The Clinicians of the Celiac Center wish you a calm and healthy path into fall!

Beth Israel Deaconess Medical Center

Celiac Center

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