

Program Update: Spring 2024

Dear Colleagues,

I hope you all are well!

I have often said that being the Program Director of our Internal Medicine Residency at BIDMC is the best possible job! It is a true honor and privilege to work in this noble profession, which allows me to care for our fellow human beings while working with truly exceptional students, residents, fellows, faculty, nurses, and other committed healthcare professionals at an institution that cares deeply about the way we care for our patients and educate our learners. Every day I am fortunate to learn from those around me and am in awe of their exceptional patient care and academic achievements. On a regular basis, I receive notes from patients, faculty, and staff that highlight the thoughtful, kind, and compassionate care our residents provide. I'd like to share with you a few brief excerpts from notes I have recently received:

"Dr. M is the first and only doctor my mom ever felt connected to in her 69 years of life. I was so surprised when she came home from her first appointment with Dr. M a few years ago and was excited. She said, 'My new doctor is so on top of things. She knows so much and really listened to me.' Dr. M, I have seen your connection to and care of this patient and many others. You truly understand how to care for people."

"Dr. A has taken care of my dad with compassion, empathy, attentiveness, and genuine care, as if he is her own family member. She is phenomenal, and will make a superb clinician."

"Dr. K is exactly the type of doctor we need in this world. I am honored to work with her! I am incredibly impressed with her professionalism and compassion, especially working within a challenging situation. Dr. K's intuition was spot on and we should be proud of the work she did."

"Our patient was incredibly grateful for all of the amazing care that Dr. B provided to them! The patient specifically remembered Dr. B being the provider who was always available to listen to him and helped to "pull him out of his confusion" while he was seemingly in a more delirious state. His daughter was so grateful for the care you gave her father. The patient recalled his time in the hospital as being very confusing and overwhelming, but he knew Dr. B right away as a provider who helped give him comfort during this challenging time."

As you can tell from these notes, our residency program strives to create exceptional clinicians who will serve as the next generation of leaders in internal medicine. As such, it is a particular joy to see our residents achieve their goals. Over the last few years, we have highlighted some of the educational programs that provide our residents with novel clinical, educational, and academic opportunities to help launch their careers and

achieve their individual goals. In this edition of Alumni News, we highlight our exceptional Global Health Track. In addition, we will share with you the wonderful outcomes of the recent fellowship match for our senior residents, as well as the future career plans for our residents going into primary care and hospital medicine—please take a moment to congratulate any residents you know. As we look forward to our end of the year events, including the Sidel Dinner for our interns and graduation festivities for our senior residents, we also look forward to a new group of exceptional interns, who just matched into our program. Details of this truly exceptional new class are below—I hope you reach out and welcome them!

Through these Alumni Newsletters, we hope you have at least a small window into what makes your residency program special and truly exceptional, particularly our alumni and residents. Between Newsletters, you can follow events at your residency program through Twitter [@BIDMC_IM](#), and through our resident-run Instagram [@BIDMC_IM](#), where you can get a better insight into our residents and their daily lives.

As always, we love hearing from you, so please email us with updates about your life, career, and reflections on your time at BIDMC.

Best,

Chris Smith

*Program Director, Internal Medicine Residency
Vice Chair of Education, Department of Medicine*

The Global Health Track

The Global Health (GH) Track will mark its 13th year at BIDMC this calendar year. The GH Track was launched in 2011 to provide the contextual, clinical, and research experience necessary to become advocates in addressing global health inequities. The track is directed by Dr. Jon Crocker, Attending Hospitalist, Associate Program Director of the IM Residency, and Founding Director of the Global Health Fellowship in Clinical Medicine within the Department of Medicine. Thirty-nine residents have participated in the GH Track to date.

Starting in their PGY2 year, GH Track residents engage in a 1.5-week intensive bootcamp experience with other Boston-area residents and global health fellows from several national programs to dive deeply into the contextual challenges of global healthcare delivery (prior sites include Haiti, Mexico, Boston, MA, Tuskegee, AL, and Peru). GH Track residents engage in a two-year didactic curriculum including monthly global health case conferences with our extended program team in Botswana (see below). Residents complete two four-week global health rotations, one each in their PGY2 and PGY3 years. The primary global health clinical rotation site is at Scottish Livingstone District Hospital (SLH) in Molepolole, Botswana, though GH Track residents have engaged in experiences in more than 15 other nations around the world, including several Native American tribal nations.

The BIDMC Department of Medicine (DOM) directs a global health program in Botswana in partnership with Oregon Health Sciences University (OHSU) Department of Medicine, the Botswana Harvard Health Program, the Botswana Ministry of Health, and the University of Botswana School of Medicine (UBSOM). The partnership works to augment medical care of patients at SLH through medical education of Botswana medical students, interns, and medical officers, clinical stewardship, and quality improvement research initiatives with SLH medical staff. During this time, more than 250 US IM residents (80 from BIDMC -- including GH Track and non-Track residents) from more than 20 US IM residency programs have rotated through

our IM partnership program in Botswana. These clinicians have collectively contributed to the training of more than 80 Botswana medical students and more than 100 medical interns from UBSOM.

The first two in-country faculty directors of the program in Botswana were former BIDMC IM Residency Training Program graduates, Dr. Dagan Coppock (2011-2013) and Dr. Tomer Barak (2013-2020). In August 2023, the program achieved a long-term goal of hiring a Botswana physician, Dr. Kesefogetse ("Kese") Chabaesele, to take the helm as in-country site director. "In Botswana, we aspire to create an informed global health program, grounded in an ethical partnership which leverages the strengths of BIDMC's residents to support the achievement of goals co-created with our Botswana colleagues," said Dr. Crocker. "I continue to be inspired by the compassion, humility, innovation, and commitment that our residents bring to the Track and their work, whether in Botswana or elsewhere. On a recent leadership visit in March, with our Chair, Dr. Mark Zeidel, and Residency Program Director, Dr. Chris Smith, we heard repeatedly about the quality of education, training, and research which our program catalyzes. SLH has become the most desired of six sites to which Botswana interns can be assigned for their intern year. The legacy that BIDMC residents have established and continue to build through this program is simply amazing."



Dr. Mark Zeidel (seventh from left, standing), Dr. Jon Crocker (end of first row on the right, kneeling), and Dr. Chris Smith (end of back row on the right, standing) on a recent visit to our Global Health program site in Botswana.

From the Chair

Below is a leadership message Mark Zeidel, MD, Chair of the Department of

Medicine, shared with our Department to honor the passing of Howard Hiatt, MD.

Howard Haym Hiatt, who served with enormous distinction as Physician-in-Chief and Chair of Medicine at Beth Israel Hospital from 1963 to 1972, passed away early this week at the age of 98. The child of Lithuanian Jewish parents (fittingly, his middle name means “Life” in Hebrew), Howard grew up in Worcester, and, despite his outstanding academic record in high school, was denied admission to Harvard until his school principal intervened with the admissions office. His academic record at Harvard College was stellar, and he graduated from Harvard Medical School with Honors. Early basic research experiences led him to join the laboratories of Jacques Monod in Paris, where he helped discover mRNA and



define its roles in cellular biology. He was recruited to serve as Physician-in-Chief and Chair of Medicine at Beth Israel in 1963, and built on the foundations laid by Herrman Blumgart to strengthen the hospital’s patient care, research, and teaching missions. He developed the hospital’s basic research portfolio, presaging the movement of our research into molecular biology. With Mitch Rabkin, he extended the hospital’s work to partner with community health centers, because he recognized that enhancing the care of the most vulnerable was the best way to improve the health of society as a whole. An outstanding clinician and teacher, he continued to strengthen our patient care and teaching missions. Most importantly, in all he did he embodied the traditions of excellence combined with altruism which form the core of our culture. In 1972, while he was being recruited to be Dean at Yale, Harvard’s president asked him to serve as Dean of the Harvard School of Public Health. During his time as Dean (1972 – 1984), Howard markedly enhanced all aspects of the School, broadening its research mission and recruiting and developing a galaxy of outstanding researchers. He also helped create the Program in Clinical Effectiveness, which has trained an enormous number of physician leaders in outcomes and health services research. When he retired as Dean, he focused his efforts on extending healthcare to the most disadvantaged, helping found Partners in Health and developing the Division of Global Health Equity at the Brigham. During my time here, I had the privilege of meeting with Howard for lunch from time to time, and he joined us at the Hiatt-McPherson pro-tem dinners when he could. He maintained a keen interest in our hospital and department, and I was pleased to update him and to share with him some of the department archives from the period when he was Chair.

Wherever Howard went, he added to and strengthened the excellence, effectiveness, and beneficence of the programs and people he worked with. To paraphrase General Sherman’s appraisal of Abraham Lincoln, Howard Hiatt combined greatness with goodness to an extraordinary degree. His life has been a blessing to the many many people whom he has touched.

- Mark Zeidel, MD
Chair, Department of Medicine

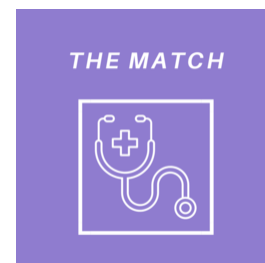
Harvard Combined Rounds



Early in COVID-19, two friends (one from BIDMC, one from MGH) met for mutual support on a video call one Saturday night, and had an idea. What if, in the midst of pandemic uncertainty, the Harvard medical community could come together to share knowledge and resources? From there, the Harvard Combined Medicine Grand Rounds series was born. A collaboration between the Departments of Medicine at BIDMC, Massachusetts General Hospital, and Brigham and Women's Hospital, the initial lecture series featured panel discussions with experts who explored timely COVID-19 related topics from transmission to vaccine development. Experts from near and far, including Dr. Anthony Fauci, participated in the monthly livestream broadcast to thousands of viewers in Boston and around the globe.

Now held monthly, the series has expanded and developed. The focus has shifted from COVID to include other pressing topics across medicine and society. These panel discussions have tackled numerous topics and hosted leaders in both the HMS community and on the national level. Last year, Secretary John Kerry joined a session about Climate Change and Health. In September, our researchers presented a Turing Test exploring the implications and opportunities for the use of AI in healthcare diagnosis. Last month, DEI leaders at BIDMC, HMS, and other institutions discussed how we can move towards inclusion for minority groups in healthcare and beyond. The series has become an invaluable opportunity to connect to a wider medical community and learn from one another, and has spawned a number of cross-institutional collaborations. The full library of all our past Harvard Combined Rounds events can be found in our video library at [BIDMC.org/MGR](https://www.bidmc.org/MGR).

Fellowship Match 2023



In December, our senior Internal Medicine Residents participated in the fellowship match process and we are delighted to share the results, which were spectacular. [Click here to view the Match List](#). As you can see, our residents will be completing their fellowships in the top programs across the country. This document also provides an update on the next step for our residents who will be pursuing careers as Hospitalists or Primary Care physicians. Congratulations to the residents on this truly terrific match—we are extremely proud of them all. The results are also thanks to countless faculty who have supported them throughout the process with letters, phone calls, mentorship, and mock interviews. There are many, many people who played instrumental roles in this process and without whose help, this wonderful match would not be possible.

- Mark Zeidel, MD

Chair, Department of Medicine

- Chris Smith, MD

Director, Internal Medicine Residency Program

- Ginny Brady, MD

Associate Program Director, Internal Medicine Residency Program



Intern Match 2024

We are excited to share with you news of this year's match, which includes 50 categorical, 4 primary care, 8 preliminary, and 8 neurology preliminary interns from 46 different medical schools, with HMS, Albert Einstein, Boston University, Brown, Columbia, Cornell, Pittsburgh, Tufts, UConn, UMass, and UT Southwestern being the most represented medical schools. The new interns come from diverse backgrounds and bring rich experiences and expertise in areas such as global health, medical education, quality improvement, and research. Just as with our current housestaff, we are confident that you will find this to be an exceptional group of physicians. [Please click here to see the photo sheet of our new interns.](#)



Thanks to everyone who helped with the huge undertaking of recruiting this outstanding new class. An enormous thanks to Nikki deMelo and the newest member of our recruitment team, Jess Gleason, who tirelessly helped us sort through over 3,900 applicants and seamlessly coordinated 20 interview days. Thanks to Ruth Colman and our entire office staff, who were frequently available at a moment's notice to make sure every detail was attended to. Congratulations to Drs. Ginny Brady and Neal Biddick and all of our Associate Program Directors for their tremendous recruitment efforts. A big thanks to our wonderful housestaff for leading virtual dinners and panel discussions, creating videos, and bringing tremendous energy and enthusiasm to their work every day. A special thanks to Drs. Carter Baughman and KG Kompa, and the entire Residency Recruitment Committee. In addition to coordinating and hosting many virtual social events to allow applicants an opportunity to get to know this wonderful BIDMC family, they continue to orchestrate our Instagram account ([@bidmc_im](#))—if you don't

already follow them, check it out! A big thanks as well to our DEI faculty, Drs. Pablo Quintero, Emmanuel Mensah, Ria Roberts, and Daniele Olveczky for their exceptional and dedicated efforts throughout the year.

Thanks to our Chief Residents for their countless interviews and contributions to the selection process, in addition to their ongoing exceptional teaching, leadership, enthusiasm, and coordination. We are grateful to our faculty, who took time out of their busy schedules to help interview the applicants. Finally, a huge thanks to our Folder Review Committee, a group of 36 dedicated faculty members who reviewed applications, selected those to interview, and ranked the outstanding class that we have now.

- Mark Zeidel, MD

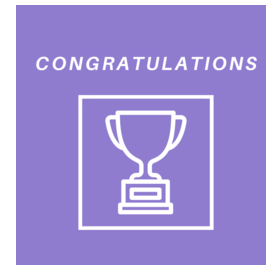
Chair, Department of Medicine

- Chris Smith, MD

Director, Internal Medicine Residency Program

Vice Chair for Education

Awards & Honors



Anita Vanka, MD, a hospitalist in the **Division of General Medicine** and the Co-Director of the Rabkin Fellowship in Medical Education, has been selected to serve as the BIDMC Associate Director for **The Principal Clinical Experience (PCE)**. A 12-month integrated program for students at Harvard Medical School (HMS), the PCE provides a clinical home for teaching across the broad disciplines of medicine and consists of clerkship rotations lasting 4-12 weeks.

Antea DeMarsilis, MD, was selected as the resident recipient of the **2023 Katherine Swan Ginsburg Humanism in Medicine Award**.

Bradford Lowell, MD, PhD, faculty in the **Division of Endocrinology** and Director of the Transgenic Program at BIDMC, was been **elected to the National Academy of Sciences**.

Brooke Lubinski, MD, of the **Division of Gerontology** was selected for a **2023-2024 Rabkin Fellowship in Medical Education** for her project, "*Development and assessment of a delirium and associated dementias curriculum for internal medicine residents in a primary care setting.*"

Drew Weissman, MD, PhD, a graduate of our Internal Medicine Residency Program, was awarded the **2023 Nobel Prize in Physiology or Medicine** for his work with Katalin Karikó, PhD, and their **discoveries concerning nucleoside base modifications that enabled the development of effective mRNA vaccines against COVID-19**. [Click here to view a PDF](#) of the congratulations we shared for Dr. Weissman!

Emmanuel Mensah, MD, MBA, has recently assumed the role of **Chief Medical Officer at ChristianaCare Wilmington Hospital** in Delaware.

Under the leadership of **Steven Freedman, MD, PhD**, the **Franklin Epstein Society** received the **2023 Program Award for a Culture of Excellence in Mentoring (PACEM) at HMS**.

Jeffrey William, MD, an attending physician in the **Division of Nephrology** and an Assistant Professor of Medicine at HMS, received the 2023 **S. Robert Stone Award for Excellence in Teaching** from **The Carl J. Shapiro Institute and HMS**.

Jennifer Potter, MD, Professor of Medicine at BIDMC/HMS and Co-Chair of The Fenway Institute, was the recipient of the **2023 Association of American Medical Colleges (AAMC) Group on Women in Medicine and Science Leadership Award for an Individual**.

Joseph Li, MD, leader of the Hospital Medicine program within the **Division of General Medicine**, is the recipient of the **Massachusetts American College of Physicians Chapter 2023 Laureate Award**. A Laureate Award is the highest honor bestowed by an ACP Chapter and recognizes Dr. Li's national ACP service as a former ACP Regent, as well as his many previous and ongoing contributions to MA ACP.

Sharon K. Inouye, MD, MPH, a Professor of Medicine at Harvard Medical School and the Milton and Shirley F. Levy Family Chair and Director of the Aging Brain Center, Marcus Institute for Aging Research at Hebrew SeniorLife, has been named the **Editor in Chief of JAMA Internal Medicine**. Additionally, Dr. Inouye was featured on **Clarivate's annual list of Highly Cited Researchers**. This list recognizes researchers who have demonstrated significant and broad influence in their field of research and has authored multiple Highly Cited Papers which rank in the top 1% by citations for their field and publication year in the Web of Science over the past decade.

Residency Graduation Teaching Awards:

The recipients of this year's Residency Teaching Awards, as selected by the Chief Medical Residents, Residents, and the Residency Leadership team, include:

Elizabeth Housman, MD, an attending physician in HealthCare Associates within the **Division of General Medicine** was awarded the **Preceptor of the Year**.

Jason Freed, MD, of the **Division of Hematology/Oncology**, received the **Robert C. Moellering, Jr. Teaching Award** in recognition of his clinical, teaching and research contributions to the housestaff.

Jason Matos, MD, of the **Division of Cardiovascular Medicine** was awarded **The Herrman Blumgart Award** recognizing his contributions to housestaff teaching.

In Memoriam

We are sad to report on the deaths of the following members of our alumni community. We have prepared a PDF with short obituaries and invite you to learn about their incredible careers.

[Click here to view the PDF](#)



David Shander, MD



Don C. Bienfang, MD



Donald S. Stern, MD



Harold Karpman, MD



Wilbert C. Jordan, MD



Louis Fingerman, MD



Michael A. Gogjian, MD



Melvyn L. Haas, MD



Milton M. Michaels, MD



Paul Plotz, MD,



Samuel L. Katz, MD



Steven M. Schreiber, MD

Residency Program Leadership

Program Director

C. Christopher Smith, MD (1999, CMR 2000)

Primary Care Program Director

Kelly Graham, MD, MPH (2010, CMR 2011)

Education Manager

Ruth Colman

Vice Chair for Education

C. Christopher Smith, MD (1999, CMR 2000)

Associate Program Directors

Aaarti Asnani, MD

Neal Biddick, MD (2015)

Virginia Brady, MD

Leo Celi, MD

Jonathan Crocker, MD

Jason Freed, MD (2014, CMR 2016)

Ken Mukamal, MD, MPH

Daniel Ricotta, MD (2014, CMR 2016)

Lisa Samelson, PhD

Lika Targan, MD (2016, CMR 2018)

Julius Yang, MD, PhD (2000, CMR 2001)

Support the Program

[Email Us Your Feedback](#)
[Visit the Residency Program Website](#)
[View Our Alumni News Archive](#)
[Connect With Us on Twitter](#)

Share this email:



emma[®]

[Manage](#) your preferences | [Opt out](#) using TrueRemove[®]

Got this as a forward? [Sign up](#) to receive our future emails.

View this email [online](#).

330 Brookline Ave
Boston, MA | 02445 United States

This email was sent to .
To continue receiving our emails, add us to your address book.

[Subscribe](#) to our email list.