Your participation may help us to learn how to help adolescents and young adults with new changes in mood, thinking, and/or behavior.

To discuss participation or to receive more information, contact:

Corin
617.754.1224
cpilo@bidmc.harvard.edu

Participation is Confidential

It is important to us that you understand 1) everything involved in your participation, and 2) the potential benefits and risks of your participation.

Key Study Staff:

Principal Investigator: Larry Seidman, Ph.D.
Project Director: Kristen Woodberry, M.S.W., Ph.D.
Co-Investigator: Huijun Li, Ph.D.
Recruiter: Corin Pilo, L.M.H.C.
Study Coordinator: Caitlin Bryant, B.S.

Study Staff:
Victoria Choate, B.A.
Michelle Friedman-Yakoobian, Ph.D.
Andrea Gnong Granato, L.C.S.W.
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Mental Health Attitudes of Youth (MAY) Study

A study of how adolescents and young adults understand changes in mood, thoughts, and/or behaviors.

Version 8.7.12
Who can participate?

Adolescents or Young Adults, ages 13-35, with some of the following difficulties that have begun or worsened in the past year:

- Worrisome drop in grades or work performance
- Suspiciousness or uneasiness with others
- Withdrawal from friends or family—spending a lot of time alone
- Having trouble thinking clearly, focusing, or concentrating
- Having ideas that others may find unusual or too intense
- Decline in self-care or personal hygiene
- Increased sensitivity to sights or sounds, or mistaking noise for voices or messages
- Having strange feelings or no feelings at all
- Feeling like your mind is playing tricks on you

What’s involved?

- An initial screening asking about your specific experiences.
- For eligible participants
  - A comprehensive set of baseline assessments.
  - One follow-up assessment at 6 months

Each set of assessments will include:

- Personal interviews to discuss your history and possible changes in your thinking, behavior, and feelings
- Paper and pencil and computerized tests of your cognitive abilities like attention and memory
- Questions and computerized tasks exploring how you think and feel about different mental health experiences and people who have them

Payment:

You can earn $50 for the screening assessment and $50 for completed interviews. For the 6-month follow-up, you will earn $75 for completed interviews.

Will I get feedback?

If you wish, study staff will provide feedback to participants, their families, and, with your permission, to doctors, clinicians, or school personnel. Our study team will evaluate each participant’s clinical status at each assessment and, when indicated, make recommendations and referrals for treatment, including within our affiliated CEDAR clinic, which offers a range of services (www.cedarclinic.org)

This is not a treatment study, but a study designed to understand your experiences and functioning.