PROTECTING YOUR BABY FROM INFECTION

Your baby’s immune system is still quite immature. This makes him/her especially vulnerable to colds and other communicable diseases. To protect your baby from infections we advise that you:

♦ Encourage anyone who comes into close contact with your baby to wash their hands
♦ Avoid taking your baby to crowded indoor places
♦ Avoid contact with anyone who has a cold, flu, or other active infection
♦ Do not allow anyone to smoke around your baby

WHEN TO CALL YOUR BABY’S DOCTOR

ANY sudden change in baby’s usual patterns of behavior:

♦ Increased sleepiness
♦ Increased irritability
♦ Feeding poorly

ANY of the following:

♦ Breathing difficulties
♦ Blueness around the lips, mouth, or eyes
♦ Fever (by rectal temperature) over 100 degrees or 99.6 degrees under the arm or low temperature under 97 degrees (rectal)
♦ Vomiting or diarrhea
♦ Dry diapers for more than 12 hours
♦ No bowel movement for more than 4 days
♦ Black or bright red color seen in stool

THE IMPORTANCE OF FLU & PERTUSSIS VACCINES FOR FAMILIES & CAREGIVERS

Influenza immunization is recommended annually in the fall for EVERYONE 6 months of age or older. Updated pertussis immunization is recommended for adults having contact with infants.