BIOGRAPHICAL SKETCH

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NAME Russell S. Phillips	POSITION TITLE Professor of Medicine
eRA COMMONS USER NAME (credential, e.g., agency login) russphillips	

EDUCATION/TRAINING *(Begin with baccalaureate or other initial professional education, such as nursing, include postdoctoral training and residency training if applicable.)*

INSTITUTION AND LOCATION	DEGREE *(if applicable)*	YEAR(s)	FIELD OF STUDY
Massachusetts Institute of Technology, Cambridge, MA	BS	1975	Life Sciences
Stanford Medical School, Stanford, CA	MD	1979	Medicine

A. Personal Statement

Dr. Phillips is an experienced physician-investigator who currently is co-investigator on 2 R01s and holds a K24 mid-career investigator award from the NIH to support his mentoring activities. He is a leader in general medicine and primary care and is President-Elect of the Association for Chiefs and Leaders in General Internal Medicine. His research has focused on epidemiology of sexually transmitted infections in primary care, end-of-life care, and innovations in primary care. He leads efforts at Beth Israel Deaconess Medical Center in Boston (BIDMC) to develop a patient-centered medical home within the hospital-based teaching practice and he also serves on the Massachusetts coordinating council on the patient-centered medical home. He has expertise in the performance of clinical trials and innovations in primary care which is of direct relevance to this application.

B. Positions and Honors

Positions and Employment

1985-89 Instructor in Medicine, Harvard Medical School (HMS), Boston, MA
1989-98 Assistant Professor of Medicine, Harvard Medical School, Boston, MA
1998- Director, Faculty Development and Fellowship Program in General Internal Medicine, HMS
1999-04 Associate Professor of Medicine, Harvard Medical School, Boston, MA
1999- Dir., Fellowship Program in Complementary and Integrative Medical Therapies, HMS
2000-03 Director of Research, Division of General Medicine and Primary Care, Beth Israel Deaconess Medical Center (BIDMC), Boston, MA
2002- Chief, Division of General Medicine and Primary Care, BIDMC, Boston, MA
2004- Professor of Medicine, Harvard Medical School, Boston, MA
2010 President-elect of the Association of Chiefs and Leaders in General Internal Medicine

Other Experience and Professional Memberships

1984- Member, Society of General Internal Medicine
1987- Member, American Federation for Clinical Research
1990- Fellow, American College of Physicians
2002-04 Chairperson, Research Committee, Society of General Internal Medicine
2004 Panelist, Education/Training Special Emphasis Panel, NCCAM
2005 Panelist, Education/Training Special Emphasis Panel, NCCAM
2006 Panelist, Clinical Research Panel II, NCCAM
2006 Panelist, Education/Training Special Emphasis Panel, NCCAM
2009 Chair, Fellowship and Training Applications Review Committee, NCCAM

Honors

1974 Phi Beta Kappa
1990 Fellow, American College of Physicians
1999 A. Clifford Barger Excellence in Mentoring Award, Harvard Medical School

C. Selected Peer-reviewed Publications (Selected from 212 peer-reviewed publications)

1. Weingart SN, Davis RB, **Phillips RS**. Patients discharged against medical advice from a general medicine

service. J Gen Intern Med 1998;13:568-572.

2. Vom Eigen KA, Delbanco TL, **Phillips RS**. Perceptions of quality of care and the decision to leave a practice. Am J Med Qual 1998;13:181-187.
3. Fairfield KM, Libman H, Davis RB, Eisenberg DM, **Phillips RS**. Delays in protease inhibitor use in clinical practice. J Gen Intern Med 1999;14:395-401.
4. Wee CC, McCarthy EP, Davis RB, **Phillips RS**. Physician counseling about exercise. JAMA 1999; 282:1583-1588.
5. Wee CC, McCarthy EP, Davis RB, **Phillips RS**. Screening for cervical and breast cancer: is obesity an unrecognized barrier to preventive care? Ann Intern Med 2000;132:697-704.
6. Wolsko P, Eisenberg DM, Davis RB, Ettner S, **Phillips RS**. Insurance coverage, medical conditions, and visits to alternative medicine providers: results of a national survey. Arch Intern Med 2002;162:281-287.
7. Ngo-Metzger Q, Massagli MP, Clarridge BR, Manocchia M, Davis RB, Iezzoni LI, **Phillips RS**. Linguistic and cultural barriers to care: perspectives of Chinese and Vietnamese immigrants. J Gen Intern Med 2003;18:44-52.
8. McCarthy EP, Burns RB, Ngo-Metzger Q, Davis RB, **Phillips RS**. Hospice use among Medicare managed care and fee-for-service patients dying with cancer. JAMA 2003;289:2238-2245.
9. Weingart SN, Toth M, Sands DZ, Aronson MD, Davis RB, **Phillips RS**. Physicians' decision to override computerized drug alerts in primary care. Arch Intern Med 2003;163:2625-2631.
10. Auerbach AD, Aronson MD, Davis RB, **Phillips RS**. How physicians perceive hospitalist services after implementation: anticipation vs reality. Arch Intern Med 2003;163:2330-2336.
11. Goel MS, Wee CC, McCarthy EP, Davis RB, Ngo-Metzger Q, **Phillips RS**. Racial and ethnic disparities in cancer screening: the importance of foreign birth as a barrier to care. J Gen Intern Med 2003;18:1028-35.
12. Yeh GY, Wood MJ, Lorell BH, Stevenson LW, Eisenberg DM, Wayne PM, Goldberger AL, Davis RB, **Phillips RS**. Effects of Tai Chi movement therapy on functional status and exercise capacity in patients with chronic heart failure: a randomized controlled trial. Am J Med 2004;117:541-548.
13. Saper RB, Kales SN, Paquin J, Eisenberg DM, Davis RB, **Phillips RS**. Heavy metal content of ayurvedic herbal medicine products. JAMA 2004;292:2868-2873.
14. Smetana GW, Davis RB, **Phillips RS**. Factors that influence patient response to requests to change to a unified restrictive formulary: a prospective study. J Gen Intern Med 2004;19:1212-1219.
15. Ramanan RA, Taylor WC, Davis RB, **Phillips RS**. Mentoring matters: mentoring and career preparation in internal medicine residency training. J Gen Intern Med 2006;21:340-345.

Ongoing Research Support

K24 AT000589-09 Phillips (PI) 9/1/2006-8/31/2011
NIH/NCCAM
Research and Mentorship in Alternative Medicine
The goal of this grant is to support mentoring for young investigators training to perform patient-oriented research and to prepare these trainees for careers as independent investigators in patient-oriented alternative medicine research.
Role: PI

R01 DK073302-03 Wee (PI) 8/1/2007-6/30/2012
NIH/NIDDK
Understanding how patients value bariatric surgery
This project will assemble a racially diverse cohort of 650 patients recruited from two bariatric centers and a cross-sectional sample of 600 primary care patients from the community and examine the perspectives and experiences of patients seriously contemplating weight loss surgery and those who are less likely to undergo surgery. Goals of the project are to understand the value patients associate with weight loss and surgical outcomes and identify patients' perceptions of bariatric surgery and the factors they consider in deciding whether or not to undergo weight loss surgery. An important aim of the project will be to identify patients who derive greater value from surgery and potential factors and barriers that might explain current observed racial variation in the use of bariatric surgery.
Role: Co-Investigator

T32 AT000051-11 Phillips (PI) 9/30/1999-7/31/2014
NIH/NCCAM
Research Training: Complementary & Integrative Medicine
The major goal of this project is to educate and train young physicians to be leaders in research and teaching in general internal medicine.
Role: PI

T32 HP12706-02-00 Phillips (PI) 8/1/2008-6/30/2011
DHHS/HRSA National Research Service Award
The major goal of this project is to educate and train young physicians to be leaders in research and teaching in general internal medicine
Role: PI

RSGT - 09 - 158 -01 - CPPB McCarthy (PI) 7/1/2009-6/30/2013
Asian Americans with advanced cancer: preferences and care experiences
The proposed research is to address the major gaps in our understanding of how to better meet the healthcare needs of Asian Americans with advanced cancer, a historically understudied population.
Role: Co-Investigator

1R01AT005436-01 Yeh (PI) 12/1/2010-11/30/2015
NIH/NCCAM
Clinical and Autonomic Effects of Mind-Body Exercise in COPD
The goal of this study is to research the whether Tai Chi may be particularly suited to de-conditioned individuals with COPD who suffer from limited exercise tolerance and shortness of breath on exertion. This is a three-armed randomized control study to evaluate the benefits of tai chi exercise versus seated mind-body breathing alone versus education control.
Role: Co-Investigator

Completed Research Support

5 R21 CA098487-02 Phillips (PI) 4/1/2004-3/31/2007
NIH/NCI
Massage for hospitalized patients with metastatic cancer
The project determined the feasibility of a randomized controlled trial of massage among hospitalized patients with cancer and gather preliminary data on the efficacy of massage.
Role: PI

R01 AT002454-04 Phillips (PI) 9/29/2004-6/30/2010
NIH/NCCAM
Tai Chi mind-body therapy for chronic heart failure
The proposed research helped define the role of Tai Chi in current heart failure management, furthered our understanding of the mechanism of action, and provided preliminary analyses of the costs and benefits of treatment.
Role: PI