

Primary Care Track

Our Mission

The mission of our newly designed Primary Care Track is to train outstanding general internists who focus on primary care and will provide leadership as clinicians, educators, practice and quality innovators, and/or researchers in this evolving field.

What Makes Our Program Distinctive

Beth Israel Deaconess Medical Center recently received two substantial grants that will support innovation and leadership training:

- \$2 million from the Center for Primary Care at Harvard Medical School through their Academic Innovations Collaborative to transform our ambulatory teaching practice into a patient-centered medical home
- \$8 million from Linde Family Foundation to teach primary care leadership and management skills to medical residents and fellows

Through these grants, Primary Care Track residents will have the opportunity to become integral members of the team involved in practice redesign and to participate in seminars and mentored projects to enhance their leadership skills.

Our Training Site

Healthcare Associates, our hospital-based teaching practice, is located in the Shapiro Clinical Center on the BIDMC East Campus. It is currently being transformed into a patient-centered medical home, and Primary Care Track residents will participate in the design and rollout of our new practice. Over 50 clinician educator faculty practice alongside residents and serve as their preceptors. Our faculty have expertise in chronic disease management, HIV infection, women's health, minority health, addiction medicine, geriatrics, student health, and preventive medicine. Physicians work closely with nurse practitioners, nurses, mental health therapists, and community resource specialists to provide multidisciplinary care.

Our Curriculum

Primary Care Track residents will receive training in the management of common outpatient medical problems. They will also be provided with case-based discussions and lectures on periodic health exam, medication adherence, immunizations and travel, occupational health and disability issues, behavioral medicine, palliative care issues, special populations (e.g., adolescents, geriatrics), complementary/alternative medicine, and perioperative medical evaluation. In addition, they will receive training on quality improvement, business of medicine/practice redesign, electronic and telemedicine, and interviewing/communication skills.

Overview of Our Program

Our primary care program, which started in 1973, was one of the first in the country. Over the past decade, we have graduated 120 primary care residents, many of whom have become clinical, educational, and research leaders in the field.

In the newly designed Primary Care Track, residents will spend extended periods of time in ambulatory practice while still receiving rigorous training in inpatient medicine. They

will be responsible for providing primary care for a substantial number of outpatients in collaboration with other team members.

The basic structure of our program is as follows:

Year 1

- Four week orientation to ambulatory care in HCA
- Three 2-3 week ambulatory blocks spread throughout the rest of year
- Once weekly HCA continuity clinic
- Introduction of primary care curriculum

Year 2

- Six month ambulatory long block (see below for sample schedule)
- Once weekly HCA continuity clinic
- Second clinic or clinical experience at another site
- Practice week during non-call block rotations
- Continuation of primary care curriculum

Year 3

- Six month ambulatory long block (see below for sample schedule)
- Weekly HCA continuity clinic
- Second clinic or clinical experience at another site
- Practice week during non-call block rotations
- Continuation of primary care curriculum

Other Distinguishing Features

- Participation in primary care innovation and leadership initiatives
- Incorporation of global health experience
- Monthly primary care seminars
- Quarterly primary care interest group/social events
- Society of General Internal Medicine annual meeting participation
- Mentorship and career counseling
- Development of scholarly project

Description of Ambulatory Long Block

- Two 6-month blocks during Years 2 and 3
- Three half-day continuity clinics at HCA per week
- Second clinic or clinical experience at another site for one half-day per week
- Active participation in patient-centered medical home
- Longitudinal Elective
 - Weekly half-day clinic lasting 3 months
 - Examples include heart failure, hepatitis C, and sports medicine
- Outpatient Elective
 - Three half-day clinics per week
 - Examples include dermatology, endocrinology, and orthopedics
- Procedure clinic once per month
- Home visits once per month

- Participation in a longitudinal QI project within HCA
- Primary care curriculum during two half-days per week
- Panel management during two half-days per week

Example of Ambulatory Long Block Monthly Schedule

	3/3	3/4	3/5	3/6	3/7
	Intake Rounds	M&M	Resident Report	Grand Rounds	Gen Med Grand Rounds
AM	Elective	Primary Care Curriculum Panel MGMT	Elective	Primary Care Curriculum Panel MGMT	Elective
Noon	Ambulatory Conference	Resident Report	Thorndike Lecture	Journal Club	
PM	Clinic	(Longitudinal) Heart Failure Clinic	Second Clinical Experience	Clinic	Clinic
	3/10	3/11	3/12	3/13	3/14
	Intake Rounds	M&M	Resident Report	Grand Rounds	Gen Med Grand Rounds
AM	Elective	Primary Care Curriculum Panel MGMT	Elective	Primary Care Curriculum Panel MGMT	Elective
Noon	Ambulatory Conference	Resident Report	Thorndike Lecture	Journal Club	
PM	Clinic	(Longitudinal) Heart Failure Clinic	Second Clinical Experience	Clinic	Clinic
	3/17	3/18	3/19	3/20	3/21
	Intake Rounds	M&M	Resident Report	Grand Rounds	Gen Med Grand Rounds
AM	Elective	Primary Care Curriculum Panel MGMT	Elective	Primary Care Curriculum Panel MGMT	Elective
Noon	Ambulatory Conference	Resident Report	Thorndike Lecture	Journal Club	
PM	Clinic	(Longitudinal) Heart Failure Clinic	Second Clinical Experience	Clinic	Clinic
	3/24	3/25	3/26	3/27	3/28
	Intake Rounds	M&M	Resident Report	Grand Rounds	Gen Med Grand Rounds
AM	Elective	Primary Care Curriculum Panel MGMT	Elective	Primary Care Curriculum Panel MGMT	Procedure Clinic
Noon	Ambulatory Conference	Resident Report	Thorndike Lecture	Journal Club	
PM	Clinic	(Longitudinal) Heart Failure Clinic	Second Clinical Experience	Clinic	Clinic

For more information about our program...

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