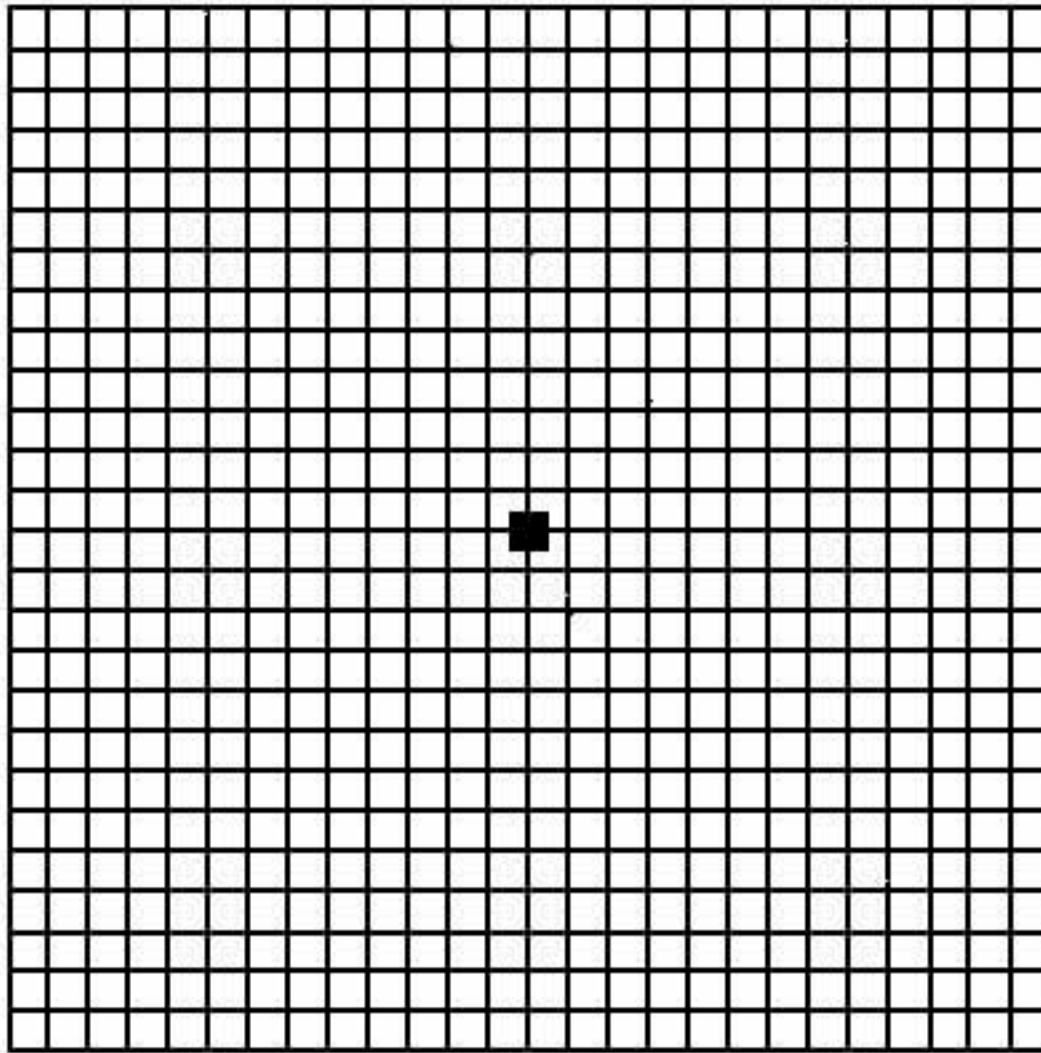




## AMSLER GRID TEST



1. Sit in an area with good lighting and hold the chart at eye level a comfortable reading distance about 12"-14".
2. If you wear glasses, keep them on, cover one eye completely.
3. Stare with your other eye at the central dot on the grid. At the same time, observe the pattern of vertical and horizontal lines on the chart.
4. Repeat the test with the other eye.

If a diagnosis of macular degeneration is made by your ophthalmologist, you should use the grid on a daily basis, marking any areas of distortion on the chart. If you see any crooked or bent lines, wavy, missing, blurry, discolored lines or if you notice any sudden changes in vision. Alert us immediately. **Retina Service 617-667-3391**