

Beth Israel Deaconess Medical Center Community Resource List

Community Benefits Service Area includes: Brookline, Burlington, Chelsea, Chestnut Hill, Lexington, Peabody, and Needham, and the City of Boston Neighborhoods of Allston/Brighton, Bowdoin/Geneva, Chinatown, Fenway/Kenmore, Roxbury and Mission Hill

Health Issue	Organization	Brief Description	Address	Phone	Website
Department of Mental Health-Handhold program	Department of Mental Health-Handhold program	Provides tips, tools, and resources to help families navigate children's mental health journey.		833.773.2445	www.handholdma.org
Executive Office of Elder Affairs	Executive Office of Elder Affairs	Provides access to the resources for older adults to live healthy in every community in the Commonwealth.	1 Ashburton Place 5th Floor Boston	617.727.7750	www.mass.gov/orgs/executive-office-of-elder-affairs
Find Help	Find Help	Provides resources for financial assistance, food pantries, medical care, and other free or reduced-cost help.			www.findhelp.org
Mass 211	Mass 211	Available 24 hours a day, 7 days a week, Mass 211 is an easy way to find or give help in your community.		211 or 877.211.6277	www.mass211.org
Massachusetts Behavioral Health Help Line	Massachusetts Behavioral Health Help Line	Available 24 hours a day, 7 days a week, connects individuals and families to the full range of treatment services for mental		833.773.2445	www.masshelpline.com
Massachusetts Elder Abuse Hotline	Massachusetts Elder Abuse Hotline	Hotline is available 24 hours a day or by phone. Older adult abuse includes: physical, sexual, and emotional abuse, caretaker neglect, financial exploitation and self-neglect. Elder Protective Services can only investigate cases of abuse where the person is age 60 and over and lives in the community.	1 Ashburton Place 5th Floor Boston	800.922.2275	www.mass.gov/orgs/executive-office-of-elder-affairs
Women, Infants and Children (WIC) Nutrition Program	Women, Infants and Children (WIC) Nutrition Program	Provides free nutrition, health education and other services to families who qualify.		800.942.1007	www.mass.gov/orgs/women-infants-children-nutrition-program
MassOptions	MassOptions	Provides connection to services for older adults and persons with disabilities.		800.243.4636	www.massoptions.org

Statewide Resources	Massachusetts Substance Use Helpline	24/7 Free and confidential public resource for substance use treatment, recovery, and problem gambling services.		800.327.5050	www.helplinema.org
	National Suicide Prevention Lifeline	Provides 24/7, free and confidential support.		988	www.suicidepreventionlifeline.org
	Network of Care Massachusetts	Provides a searchable directory of over 5,000 Behavioral Health service providers in Massachusetts.		833.773.2445	www.massachusetts.networkofcare.org
	Project Bread Foodsource Hotline	Provides information about food resources in the community and assistance with SNAP applications by phone.		1.800.645.8333	www.projectbread.org/get-help
	Safelink	Massachusetts' statewide 24/7 toll-free domestic violence hotline and a resource for anyone affected by domestic or dating violence.		877.785.2020	www.casamyrna.org/get-support/safelink
	SAMHSA's National Helpline	Provides a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families in need of mental health resources and/or information for those with substance use disorders.		800.662.HELP (4357)	www.samhsa.gov/find-help/national-helpline
	Supplemental Nutritional Assistance Program (SNAP)	Provides nutrition benefits to individuals and families to help subsidize food costs.		877.382.2363	www.mass.gov/snap-benefits-formerly-food-stamps
	Veteran Crisis Hotline	Free, every day, 24/7 confidential support for Veterans and their families who may be experiencing challenges.		988	www.veteranscrisisline.net
	BIDMC Center for Violence Prevention	Provides outreach and treatment interventions to respond to victims of interpersonal, sexual, community violence, and homicide bereavement.	330 Brookline Ave Boston	617.667.8141	www.bidmc.org/centers-and-departments/social-work/center-for-violence-prevention-and-recovery

Domestic Violence	Boston Area Rape Crisis Center-Family Justice Center	Provides free, confidential support and services to survivors of sexual violence.	989 Commonwealth Ave Boston	617.492.8306 24/7 Hotline: 800.841.8371	www.barcc.org
	Casa Myrna	Provides domestic violence awareness efforts, shelter and supportive services to survivors.	451 Blue Hill Ave Boston	617.521.0100	www.casamyrna.org
	Cory Johnson Program	Offers a peer-centered approach to addressing post-traumatic stress in urban neighborhoods.	328 Warren St Roxbury	617.945.6629	www.rpcsocialimpactctr.org/about
	The Elizabeth Stone House	Provides support to survivors of domestic violence in four areas of intervention: safety and shelter; advocacy; education and prevention; community engagement.	1 Westminster Ave Roxbury	Mainline: 617.427.9801 Intake line: 781.400.0770	www.stonehouseinc.org
	The Network/La Red	Survivor-led, social justice organization that works to end partner abuse in lesbian, gay, bisexual, transgender, SM, polyamorous, and queer communities.	PO Box 6011 Boston	Office: 617.695.0877 24/7 Hotline: 800.832.1901	www.tnlr.org/en
	REACH Beyond Domestic Violence	Provides support to survivors of domestic violence in four areas of intervention: safety and shelter; advocacy; education and prevention; community engagement.	PO Box 540024 Waltham	Office: 781.891.0724 Hotline: 800.899.4000	www.reachma.org
Food Assistance	ABCD Food Pantry	Provides food assistance to residents of Boston.	178 Tremont St Boston	617.348.6000	www.bostonabcd.org/service/food-pantries/
	Community Servings	Provides meals to chronically and critically ill individuals and their families.	179 Amory St Jamaica Plain	617.522.7777	www.servings.org
	Daily Table	Provides food assistance to residents of Greater Boston.	2201 Washington St Roxbury	617.516.8174	www.dailytable.org
	Dorchester Community Food Co-Op	An initiative to build a community and worker-owned grocery store(opening in 2023) that provides healthy food accessibility and advances economic opportunity through neighborhood engagement.	195 Bowdoin St Dorchester		www.dorchesterfoodcoop.com
	Fair Foods	Provides food assistance to residents of Greater Boston for \$2.	PO Box 220168 Dorchester	617.288.6185	www.fairfoods.org
	Fenway Cares	Provides food assistance to residents of Fenway/Kenmore community residents.	1282 Boylston St Boston	857.246.9053	www.fenwaycommunitycenter.org/fenwaycares
	Fresh Truck	Provides food assistance to residents of Greater Boston via mobile markets.	69 Shirley St Boston	617.297.7685	www.aboutfresh.org

Greater Boston Food Bank	Provides healthy food and resources to agencies and direct distribution programs across Eastern Massachusetts.	70 South Bay Ave Boston	617.427.5200	www.gbfb.org
Mayor's Office of Food Access	Provides food assistance to residents of Boston.	1 City Hall Sq Room 804 Boston	617.635.3717	www.boston.gov/departments/food-access
Allston Brighton CDC	Leads initiatives that create and preserve affordable homes, foster community leadership, and provide first-time homebuyers with tools and resources.	18R Shepard St Ste 199 Brighton	617.787.3874	www.allstonbrightoncdc.org
Asian CDC	Works in underserved and immigrant Asian American communities to create and preserve affordable, sustainable, and healthy neighborhoods.	38 Oak St Boston	617.482.2380	www.asiancdc.org
Boston Housing Authority	Provides affordable, subsidized rental housing for low-resource individuals.	52 Chauncy St Boston	617.988.4000	www.bostonhousing.org
Boston Tenant Coalition	Promotes affordable housing in Boston, organized to defend and expand the rights of tenants, and to push city, state and federal government, as well as private industry to address the needs of low-resources tenants.	11 Beacon St Ste 510 Boston	617.423.8609	www.bostontenant.org
Bridge Over Troubled Waters	Provides services for youth without housing, runaway and at risk youth.	47 West St Boston	617.423.9575	www.bridgetw.org
Chelsea Housing Authority	Provides affordable, subsidized rental housing for low-resource individuals and families, older adults and persons with disabilities.	54 Locke St Chelsea	617.409.5310	www.chelseaha.com
Empath	Disrupts poverty through direct services, advocacy, research, and a global learning network. Helps individuals move out of poverty and provide other institutions with the tools to systematically do the same.	10 Perthshire Rd Brighton	857.559.2100	www.empathways.org
ESAC Boston	Provides innovative programs in home ownership, education, and community service focusing on children and older adults.	434 Jamaica Way Jamaica Plain	617.524.2555	www.esacboston.org

Housing Support

Family Aid Boston	Empowers parents and caregivers facing homelessness to secure and sustain housing and build strong foundations for their children's futures.	3815 Washington St Boston	617.542.7286	www.familyaidboston.org
Fenway CDC	Provides affordable, subsidized rental housing for low-resource individuals and families.	70 Burbank St Boston	617.267.4637	www.fenwaycdc.org
Greater Boston Legal Services	Provides free legal assistance to low-resource families to assist them in securing basic necessities.	197 Friend St Boston	617.371.1234	www.gbls.org
Homestart	Provides information and resources for low and moderate resource individuals.	105 Chauncy St Ste 502 Boston	617.542.0338	www.homestart.org
Hospitality Homes	Provides short-term housing for families/friends of patients receiving medical care in the Boston area.	PO Box 15265 Boston	888.595.4678	www.hosp.org
Inquilinos Boricuas Accion (IBA)	Provides affordable, subsidized rental housing, education, and arts programs.	405 Shawmut Ave Boston	617.927.1707	www.ibaboston.org
Mayor's Office of Housing Stability	Helps residents find and maintain stable, safe, and affordable housing.	43 Hawkins St Boston	617.635.4200	www.boston.gov/departments/housing/office-housing-stability
MetroHousing Boston	Provides information and resources for low and moderate resource families and individuals.	1411 Tremont St Boston	617.859.0400	www.MetroHousingBoston.org
Nuestra Comunidad Development Corporation	Works to revitalize communities and assure that all families have affordable homes by transforming vacant and abandoned lots and buildings into housing.	56 Warren St Ste 200 Roxbury	617.427.3599	www.nuestracdc.org
Pine Street Inn	Provides temporary shelter to unhoused individuals.	444 Harrison Ave Boston	617.892.9100	www.pinestreetinn.org
Rosie's Place	A multi-service community center that offers women emergency shelter and meals, a food pantry, ESOL classes, legal assistance, wellness care, one-on-one support, housing and job search services, and community outreach.	889 Harrison Ave Boston	617.442.9322	www.rosiesplace.org
Urban Edge	Provides affordable, subsidized rental housing.	1542 Columbus Ave Roxbury	617.989.9300	www.urbanedge.org

	Y2Y	Employs a youth-to-youth model to provide a safe and environment for young adults 18-24 experiencing homelessness.	955 Massachusetts Ave #424 Cambridge	617.864.0795	www.y2ynetwork.org
Behavioral Health	Advocates Community Behavioral Health Centers	Provides routine appointments, same-day access for urgent issues, and 24/7 crisis intervention for people of all ages.	675 Main St Waltham	781.893.2003	www.advocates.org/services/cbhc
	Beth Israel Lahey Health (BILH) Behavioral Services	Provides high-quality mental health and addiction treatment for children and adults ranging from inpatient to community-based services.		978.968.1700	www.bilhbehavioral.org
	Boston Medical Center CBHC	Provides a comprehensive and highly integrated system of crisis evaluation, intervention, and treatment.	850 Harrison Ave Boston	800.981.4357	www.bmc.org/emergency-services-program
	BrightView Brighton Addiction Treatment Center	Provides outpatient mental health and addiction treatment.	71 Washington St Brighton	844.910.2034	www.brightviewhealth.com
	The Family Van	Educates, counsels and assists community members in strengthening and protecting their bodies, minds and communities.		617.442.3200	www.familyvan.org
	Fathers' UpLift	Provides mental health counseling, coaching, advocacy, and resource support to assist fathers with overcoming barriers that prevent them from remaining engaged in their children's lives.	12 Southern Ave Dorchester	617.708.0870	www.fathersuplift.org
	Mayors Health Line	Works to ensure Boston residents' ability to access services and programs that promote health and wellness. The MHL staff is available to help residents with a variety of services including, answering questions about health insurance eligibility, enrolling in health insurance, finding primary care providers, finding social services, locating free clinics.	1010 Massachusetts Ave 2nd Floor Boston	617.534.5050	www.boston.gov/government/cabinets/boston-public-health-commission/about-health-commission/mayors-health-line

	Riverside Community Behavioral Health Center	Provides treatment for mental health, substance use, and co-occurring disorders.	190 Lenox St Norwood	781.769.8670	www.riversidecc.org/adult-services/community-behavioral-health-centers/
	Samaritans	Provides lifesaving suicide prevention services throughout Greater Boston, MetroWest, and across Massachusetts.	41 West St 4th Floor Boston	617.536.2460	https://samaritanshope.org
	North Suffolk Community Services	Provides a wide variety of behavioral health treatment and rehabilitation services.	301 Broadway Chelsea	617.889.4860	www.northsuffolk.org
Senior Services	2Life Communities	Creating vibrant communities that invite senior adults of all income levels to live, thrive and grow.	30 Wallingford Rd Brighton	617.912.8400	https://2lifecommunities.org/
	BCYF Grove Hall Senior Center	Provides services for older adults in Boston including fitness, education, social services, and recreation.	51 Geneva Ave Boston	617.635.1484	www.boston.gov/departments/boston-centers-youth-families/bcyf-grove-hall-senior-center
	Boston Age Strong Commission	Provides access to resources and programs for older adults in Boston.	1 City Hall Sq Room 271 Boston	617.635.4366	www.boston.gov/departments/age-strong-commission
	Boston Elder INFO	Provides resources for older adults and person with disabilities who are residents of Boston.	89 South St Boston	617.292.6211	www.elderinfo.org
	Central Boston Elder Services	Provide supportive services for older adults and persons with disabilities.	2315 Washington St Boston	617.277.7416	www.centralboston.org
	Chelsea Senior Center	Provides services for older adults in Chelsea including fitness, education, social services, and recreation.	10 Riley Way Chelsea	617.466.4370	www.chelseama.gov/departments/elder_services/index.php
	ETHOS	Provides programs and services which are available and accessible to meet the diverse needs and changing lifestyles of older adults.	555 Amory St Jamaica Plain	617.522.6700	www.ethocare.org
	FriendshipWorks	Works to reduce social isolation in older adults residing in Boston.	105 Chauncy St 8th Floor Boston	617.482.1510	www.fw4elders.org
	Greater Boston Chinese Golden Age Center	Offers a network of programs that serve the needs of the older adult Chinese population.	75 Kneeland St Ste 204 Boston	617.357.0226	www.gbcbgac.org

Lexington Senior Center	Provides services for older adults in Lexington including fitness, education, social services, recreation, and transportation.	39 Marrett Rd Lexington	781.698.4840	www.lexingtonma.gov/354/Senior-Services
Veronica B. Smith Senior Center	Provides services for older adults in Boston including fitness, education, social services, recreation, and transportation.	20 Chestnut Hill Ave Boston	617.635.6120	www.boston.gov/departments/age-strong-commission/veronica-b-smith-senior-center

Transportation	Boston Cyclist Union	Campaign for better bike infrastructure and safer streets throughout Metro Boston. Engages with policymakers and elected officials, organize residents, and mobilize membership to influence projects.	1419 Tremont St Boston	617.516.8877	www.bostoncyclistsunion.org /
	MBTA	Provides transportation throughout Boston and surrounding communities.			www.mbta.com
	TransitMatters	Dedicated to improving transit in and around Boston by offering new perspectives, uniting transit advocates, and informing the public.	62 Summer St Boston		www.transitmatters.org
	WalkMassachusetts	Helps people evaluate the walking environment, develop plans to improve walking conditions, and encourage walking activities.	50 Milk St 16th Floor Boston	617.367.9255	www.walkboston.org

	African Community Economic Development of New England (ACEDONE)	Helps African refugees and immigrants in Boston develop a self-sufficient and vital community by providing our youth with the education and life experience to thrive socially, professionally, and economically.	48 John Eliot Sq Roxbury 89 South St Ste 2A Boston	617.708.0754	www.acedone.org
	BAGLY (Boston Alliance of Gay, Lesbian, Bisexual and Transgender Youth)	Provides community-based leadership development, health promotion, and social support programs for Massachusetts LGBTQ youth communities.	28 Court Sq Boston	617.227.4313	www.bagly.org

Additional Resources

Boston Chinatown Neighborhood Center	Provides a broad range of innovative programs and services centered around education, workforce development, family support, and arts and culture.	38 Ash St Boston	617.635.5129	www.bcnc.net
Boston Public Health Commission	Provides a wide-range of services in child, adolescent and family health; community health initiatives; homeless services; infectious disease; recovery services; and emergency medical services.	1010 Massachusetts Ave 6th Floor Boston	617.534.5395	www.bphc.org
English for New Bostonians	Provides English language learning programs to non-English speaking residents.	185 Devonshire St Ste 700 Boston	617.982.6860	www.englishfornewbostonians.org
Jewish Vocational Services	Provides adult education and workforce development services, serving a diverse clientele and helping people secure financial independence through educational and employment services.	75 Federal St 3rd Floor Boston	617.399.3131	www.jvs-boston.org
Louis D Brown Peace Institute	Serves as a center of healing, teaching, and learning for families and communities impacted by murder, trauma, grief, and loss.	15 Christopher St Dorchester	617.825.1917	www.ldbpeaceinstitute.org
The Neighborhood Developers	Promotes economic diversity, opportunity, and quality of life in the communities of Chelsea, Revere, and Everett.	4 Gerrish Ave #2 Chelsea	617.889.1375	www.theneighborhooddevelopers.org
Oak Square YMCA	Offers a wide range of youth development programs, healthy living and fitness classes, and social responsibility outreach opportunities.	615 Washington St Brighton	617.782.3535	www.ymcaboston.org
Sociedad Latina	Provides high-quality, comprehensive, and holistic out-of-school time programming in four key areas that meet the needs and interests of the community: Education, Workforce Development, Civic Engagement, and Arts and Culture.	1530 Tremont St Roxbury	617.442.4299	www.sociedadlatina.org
United Way of Massachusetts Bay & Merrimack Valley	Works to create positive and lasting change for people through financial opportunity and educational success.	9 Channel Center St Ste 500 Boston	617.624.8000	www.unitedwaymassbay.org

Wang YMCA of Chinatown	Offers a wide range of youth development programs, healthy living and fitness classes, and social responsibility outreach opportunities.	8 Oak St West Boston	617.426.2237	www.ymcaboston.org
Victory Programs	Offers hope, recovery, and community for individuals and families facing homelessness, addiction, or other chronic health conditions.	404 S. Huntington Ave Boston	617.541.0222	www.vpi.org
West End House Boys and Girls Club	Offers programs in Five Core Program Areas: The Arts, Health & Life Skills, Character & Leadership Development, Education & Career Development and Sports, Fitness and Recreation.	105 Allston St Allston	617.787.4044	www.westendhouse.org