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## Electrolyte Management Medication Information

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### Why would I have to take these medications after my transplant?

Some of the immunosuppressive medications you have to take after your transplant can cause your electrolytes to be too high or low. The electrolytes we have problems with most commonly are potassium, magnesium and phosphorous.

### What are the different names of these medications?

#### *Medications used for high potassium:*

Kayexalate® (sodium polystyrene sulfonate) or Florinef® (fludrocortisone)

- Kayexalate® is usually provided as a large bulk bottle of solution. You will only need to take this as directed if your potassium levels are high.
- Florinef® is used in patient who have chronically high potassium due to tacrolimus or cyclosporine. This is an oral medication that is take three times a week initially but may be increased to daily if necessary.
- Lasix® is usually used to get rid of fluid but it can sometimes also be used to lower potassium.

#### *Medications used for low magnesium:*

Mag-Ox®-400 (magnesium oxide) is sold over the counter in pharmacies and can be used to treat low magnesium

#### *Medications used for low phosphorous:*

Neutra-Phos®

### How long will I have to take these?

Most patients will not have to stay on these supplements for long. Your doctor will tell you how long or how many doses of these medications you will have to take.

### Do these medications interact with any other drugs?

There are no significant interactions seen with these agents and other drugs.

### Are there side effects to these drugs?

The most common side effects of seen with these agents are nausea, vomiting, and diarrhea.

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Please direct your medication questions to  
your transplant coordinator or transplant pharmacist.